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## Advancing Safety in Pediatric Cardiology—Approaches Developed in Aviation

by John D. Coulson, MD; M. Rhea Seddon, MD; and William F. Readdy

Pediatric cardiology is an enterprise associated with wide range of risk, including relatively great risk, to patient safety (Figure 1) (1-7). The natural history of many of the disorders that afflict pediatric cardiology patients predicts significant morbidity and mortality. Although great progress has been made in modifying the natural history of these disorders, there remains ample room for improvement. Somewhat paradoxically, innovative patient management strategies and procedures impose risks of their own. Human error, which is ubiquitous in the provision of health care, represents an additional threat to the safety of pediatric cardiology patients.

The most frequently cited report describing deficiencies in patient safety is "To Err is Human," the 1999 report of the Institute of Medicine Quality of Healthcare in America Committee (8). The report extrapolated that there is an alarming incidence of preventable patient injuries and deaths occurring in American hospitals—44,000 to 98,000 preventable deaths per year, and it projected an extraordinary national cost associated with these adverse events—17 to 29 billion dollars per year! Certainly, pediatric cardiology patients were among those affected by the deficiencies described in the report. The report recommended that health care organizations establish "interdisciplinary team training pro-

grams—including the use of simulation" and that they incorporate "proven methods of managing work in teams as exemplified in aviation (where it is known as crew resource management)."

*"...the application of safety measures developed in aviation to the practice of pediatric cardiology might quite promptly advance patient safety and quality of care and thus lead to at least modest improvement in outcomes."*

There is an expanding body of literature discussing adaptation by health care providers and organizations of approaches to safety developed in aviation (9-14). In this paper, we describe a few of these approaches and explore how they may be helpful by reducing risk and mitigating error in the provision of care to pediatric cardiology patients.

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# Relative Risk Encountered in Pediatric Cardiology

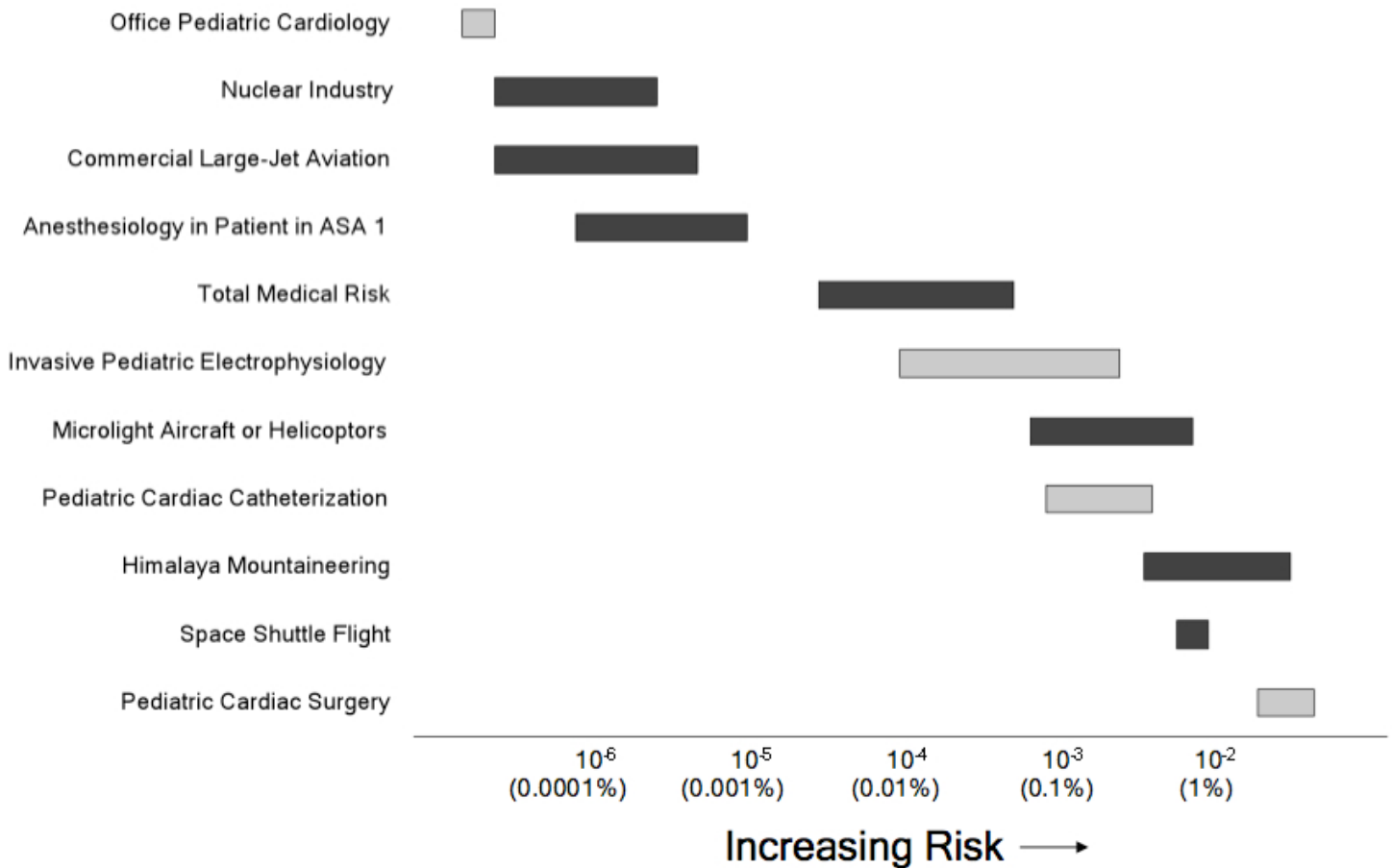


Figure 1. Approximate mortality risk in selected areas of pediatric cardiology (shaded bars) in relation to mortality risk or risk of catastrophic failure in other areas of medicine and other endeavors (solid bars). For purposes of illustration, minimal risk of office pediatric cardiology arbitrarily set between  $2$  and  $3.3 \times 10^{-7}$ . Lower limit of risk of invasive pediatric electrophysiology arbitrarily set at  $10^{-4}$  (1), and (dated) upper limit set at  $2.2 \times 10^{-3}$  (2). Risk of pediatric cardiac catheterization conservatively set between  $8 \times 10^{-4}$  and  $1.4 \times 10^{-3}$  (3,4). Risk of pediatric cardiac surgery (for neonates, infants, and children) set between anecdotal lower limit of  $1.8 \times 10^{-2}$  and upper limit of  $3.8 \times 10^{-2}$  (5). Risk of space shuttle flight set between anecdotal lower limit of  $5 \times 10^{-3}$  and upper limit of  $8 \times 10^{-3}$  (6). Risk in other areas of medicine and other endeavors (remaining solid bars) derived from Amalberti (7).

Table I. Crew Resource Management Teamwork and Communication Behaviors	
Rapid, effective team building	Recognition and mitigation of fatigue/stress
Precise, effective communication without regard to rank	Team-oriented problem solving and decision making
Recognition and communication of adverse situations	Specific, non-threatening performance feedback

Table II. Crew Resource Management Safety Tools	
Briefings	Standard operating procedures (SOP)
Read files	Standardized communications
Checklists	Debriefings

Note: Read files are policy and procedure updates and changes specific to a unit's operation that must be read and initialed or otherwise acknowledged by team members at regular intervals.

**Crew Resource Management**

The impetus in aviation for development of crew resource management (CRM) programs stemmed from the unacceptably high number of civilian and military aircraft accidents occurring in the 1970s. During the five-year period, 1975-79, American heavy commercial airliners were involved in 8 accidents that claimed 1,223 lives (15). Safety in military aviation was similarly deficient. For example, in the late 1970s, a single naval carrier air wing, comprising approximately 75 aircraft and 5,000 personnel aboard one ship, experienced, over the course of 2-1/2 years, 9 aircraft accidents with loss of 16 aircraft and 6 lives. Analysis by NASA and industry led to the conclusion that 70 to 80% of all aviation accidents resulted from human error in a team setting (16).

What is CRM? It can be defined as the systematic development and application of teamwork and communication behaviors (Table I) and the use of safety tools that support those behaviors (Table II) in order to enhance safety in high-risk industries such as aviation and health care (17).

Why is CRM pertinent to pediatric cardiology? When associated with CRM programs, high-risk systems, like those in aviation, provide error rates better than health care (Figure 1). Components of CRM have progressively been mandated by The Joint Commission, e.g. procedure timeouts (analogous to pre-flight or pre-approach briefings), readback of verbal orders, standardized handoffs of patient care (11) (analogous to aviation standard communication procedures), and medication reconciliation forms (analogous to cockpit checklists). Many health care organizations contract with consultants in CRM, and training in CRM is now obligatory at some health care institutions. CRM training need not just contribute to institutional safety and quality, it can also enhance an organization's standing with the public, regulatory agencies, and contracting industry, thus enhancing profitability.

**Vanderbilt Medical Center**

**Operating Room Checklist**

**Charge Nurse**

CO2 Gas Tank (2) . . . . . Check

Sterilizer . . . . . Verify QC check

**Circulator**

Room . . . . . Damp

Dust

Defibrillators . . . . . Run Self Test

Perfusion booms . . . . . Positioned

Big monitor . . . . . Positioned

Lights . . . . . Positioned

. . . . . ON

Mini-Siemens Monitor . . . . . Positioned

Camera (C-Arm) . . . . . Controls Active

. . . . . Park Position

Table . . . . . Controls active

Chargeable cart . . . . . Check for Implants

Room Camera (Siemens). . . . . Pt Loaded

VPIMS. . . . . Pt Loaded

Witt . . . . . ON

. . . . . Pt Loaded

STORZ (displays) . . . . . Selected & Displayed

Warmer. . . . . ON

. . . . . Blankets Warm

. . . . . Saline Warm

Bair Hugger. . . . . ON

Witt Leads. . . . . Place with Anesthesia

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Figure 2. Preoperative checklist for preparation of hybrid suite. Reproduced by permission of Vanderbilt University Medical Center.

An example of a CRM safety tool that can be used in pediatric cardiology is the checklist used by charge and circulating nurses in the hybrid suite at Vanderbilt University (Figure 2). The hybrid suite combines both cardiac operating room

and catheterization laboratory, and proper preparation of the suite's extensive array of equipment is critical to safety. Use of checklists like this one promotes teamwork, fosters mutual un-



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derstanding of intended goals, and ensures completion of essential tasks.

Use of CRM is believed to have contributed to a dramatic decline in aviation accidents. As early as 1991, in both civil and military aviation, a 28-81% decline in accidents was associated with introduction of CRM training (18). Since 2001, there has been a dramatic reduction in fatalities associated with operation of heavy

air liners by American air transportation companies. In fact, there has been just one such death (19). In health care, similarly positive results have been reported to be associated with CRM training, e.g., elimination of wrong surgeries, 40% decrease in surgical wound infections, 43-57% improvement in observed to expected mortality ratios, 51% improvement in operating room turnaround times, 50% decrease in open malpractice claims (20).

Although CRM training is widely held to be effective, it is only in its infancy in health care with wide variation in the content of training programs. Moreover, whether it actually works to enhance safety remains to be rigorously demonstrated. A recent review of CRM training applied in several industries including aviation and health care concluded that:

1. CRM training generally produces positive reactions from trainees,
2. the impact of CRM training on learning and behavior is mixed across and within domains, and
3. it is not yet possible to rigorously ascertain the impact of CRM training on organizational safety (21).

Nonetheless, common sense suggests that CRM training has considerable potential for reducing risk and improving quality of care in those areas of pediatric cardiology where teams of individuals work together to provide care.

**Simulation**

In 1929, Edwin Link of Binghamton, New York produced a sophisticated flight simulator that would revolutionize flight training. Military organizations quickly recognized the value of the Link Trainers. In 1934, the United States Army Air Corps became Link's first customer followed closely by the Japanese Imperial Navy and the Soviet Union! Approximately 10,000 Link Trainers were manufactured for use by Allied forces during the Second World War. In 2001, the 9/11 attacks were flown by inexperienced pilots whose success was partly attributed to training using flight simulators for heavy commercial air liners (22).

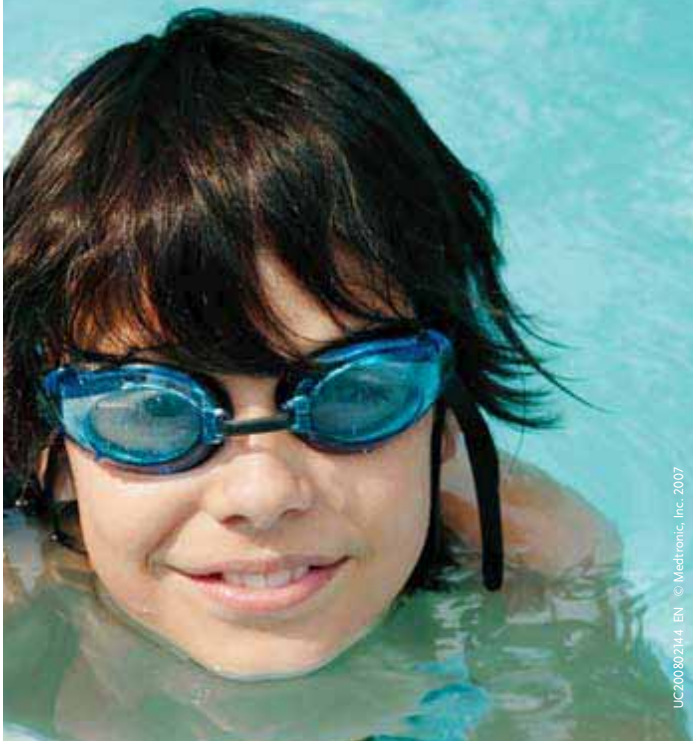


Figure 3. Catheterization laboratory simulator demonstrating coronary angiography. Reproduced by permission of Immersion Medical, Inc., Copyright © 2007 Immersion Medical, Inc. All rights reserved.



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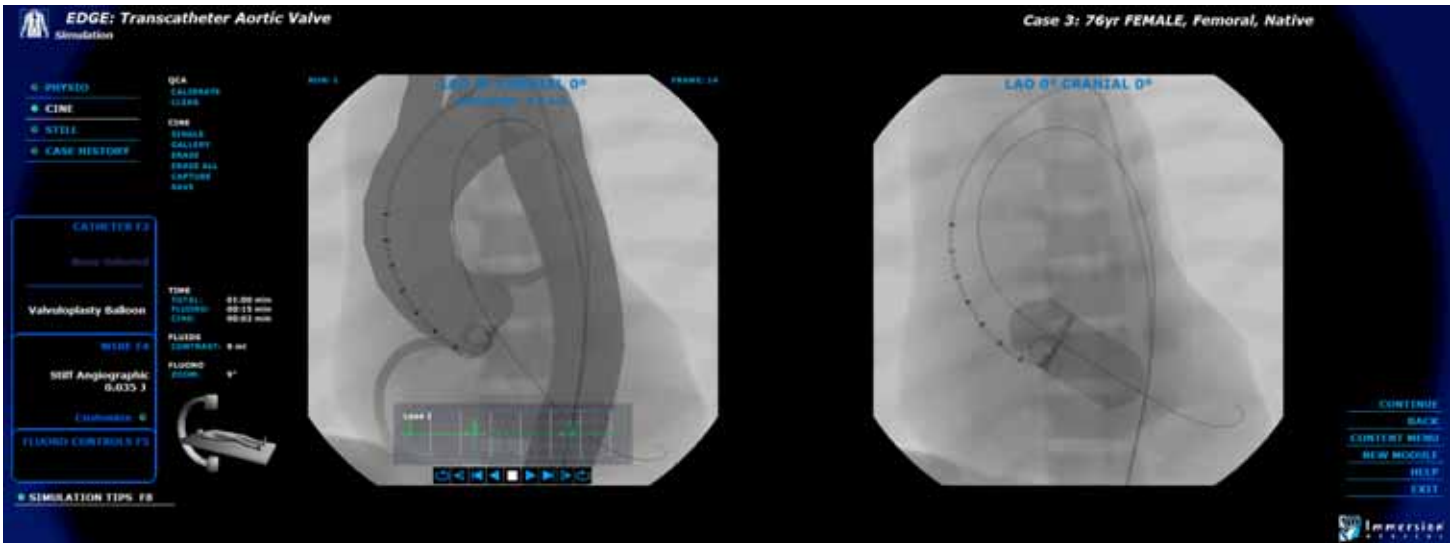


Figure 4. Catheterization laboratory simulator demonstrating percutaneous implantation of prosthetic aortic valve. Reproduced by permission of Immersion Medical, Inc., Copyright © 2007 Immersion Medical, Inc. All rights reserved.

Flight simulators are now commonly used across the spectrum of aviation, from general aviation to space flight. Even the most rudimentary of these simulators, which run on personal computers, are extraordinarily sophisticated and useful. Air line pilots transitioning to new aircraft types receive the entirety of their training in advanced simulators, which duplicate the actual aircraft cockpit and crew composition and realistically simulate aircraft motion, performance, and operating environments in normal and emergency situations. These transitioning pilots receive their type ratings for their new aircraft before ever flying the actual aircraft. A transitioning pilot's first crew responsibility in the actual aircraft is to serve as pilot on regularly-scheduled, passenger-carrying flights while his or her performance is monitored for a short interval by a check pilot dedicated to ensuring safe completion of the type training.

Crew resource management is an important component of initial and recurrent training using flight simulators. Pilots and co-pilots develop and rehearse teamwork and communication skills, and they practice use of safety tools such as checklists, read files, and standard operating and communication procedures for both normal and emergency situations. Every simulator session, like every actual flight, is briefed and debriefed.

Medical simulators introduced in the 1960s included the Resusc-Annie and Harvey cardiology simulators. By the 1980s, mannequin-based anesthesia simulators were in use. Medical simulators have become progressively more sophisticated. Complete operating room simulators have been constructed to enable simulation of various anesthetic and surgical procedures. Simulation centers have been opened at many medical centers. Training in laparoscopic cholecystectomy that combines simulation with conventional training has been demonstrated to be superior to conventional training alone (23). In general, high-fidelity simulation has been validated as a legitimate training approach in health care (24).

Providers in pediatric cardiology are familiar with the mannequins and related devices used for training in Pediatric Advanced Life Support, Advanced Cardiac Life Support, and deep sedation. These devices are becoming increasingly sophisticated. For example, sensors and displays are now used in conjunction with mannequins to not only assess chest compression frequency and amplitude during simulated closed chest cardiac massage but

also compression waveform in order to teach the optimal quality of compressions. Simulators are available to teach introduction of peripheral and central intravenous, systemic arterial, and pulmonary arterial catheters. Thus, invasive as well as noninvasive hemodynamic monitoring can be simulated. Sophisticated mannequins can simulate corneal reflexes and speech and various respiratory and cardiovascular states that improve or deteriorate in conjunction with simulated interventions including use of medications. Simulation has been validated as an effective training approach for teaching bedside cardiology skills and Advanced Cardiac Life Support skills (24).

Simulators are now being used for training in cardiac catheterization (Figure 3). Catheterization simulators can be used without exposing patients, trainees, instructors, or ancillary personnel to ionizing radiation or biohazardous materials. These devices employ "haptics" to mimic the tactile sensation of catheter manipulation within the cardiovascular system, much like fly-by-wire control systems mimic "normal" control pressures in advanced aircraft. Catheterization simulators allow a broad variety of catheters and devices to be used during training. Although these simulators have largely been developed for training in coronary, peripheral, and neurovascular interventions and in cardiac rhythm management, one manufacturer is now using simulation to introduce cardiologists to devices that close atrial septal openings, and another manufacturer is using simulation to introduce cardiologists to percutaneous implantation of pulmonary and aortic valves (Figure 4). Software will presumably be developed to facilitate training in more fundamental aspects of cardiac catheterization. Although currently available systems simulate single plane fluoroscopy equipment, biplane simulators are readily conceivable.

Simulation provides learners opportunity to deliberately acquire and repetitively practice cognitive and psychomotor skills in a focused domain and a controlled environment. Simulators can rigorously assess skills and provide learners with specific feedback that can result in progressive enhancement of skills. Simulation provides opportunities for groups of trainees to learn coherent team behavioral skills and use of safety tools and to rehearse these organizational skills in simulated normal and emergent situations. Simulation offers the obvious advantage of separating patients from training in painful, potentially hazardous, or expen-



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sive procedures. Simulation offers potential financial advantages by providing trainees with skills and experience that can result in shortened actual procedure times, more efficient utilization of materiel, and reduced occurrence of adverse events (23). Finally, simulators offer the opportunity to model procedures before applying them to patients. For example, angiographic, CT, or MR images can be loaded into a simulator to enable a cardiologist to simulate a procedure within a specific patient's anatomy before that patient's actual catheterization is performed (Figure 4).

There does not appear to have been any rigorous evaluation of the impact of simulation on safety in pediatric cardiology (25). Again however, common sense suggests that simulation has considerable potential for reducing risk and improving quality of care in pediatric cardiology.

**Personal Minimums**

In aviation, the term, minimums, is generally used to describe distances extending downward and forward that a pilot or flight crew must be able to see when transitioning from reference to cockpit instruments to visual reference to the runway environment during the final phase of an instrument approach to landing. If the runway environment is not in sight at the minimum distances, a climbing procedure, or missed approach, must immediately be initiated. Although descent below minimums without the prescribed visual contact with the runway environment is prohibited, there is no requirement to descend to the prescribed minimums, and a pilot has the option of executing a missed approach above minimums in order to allow for a wider margin of safety. Such optional higher minimums can be called personal minimums, and they are typically used by general aviation pilots.

Safety in general aviation is inferior to that in other sectors of aviation. General aviation pilots may be less well-trained, less experienced, and less current than commercial air line and military pilots. They often fly as individual pilots rather than as members of flight crews, and they typically operate their sometimes less sophisticated and less weather-capable aircraft without the same structured and supportive milieu that surrounds their commercial air line and military pilot counterparts.

In order to enhance safety, industry and the Federal Aviation Administration have developed so-called personal minimums checklists to be used by pilots to manage risk. These checklists do include consideration of the aforementioned minimum visibility requirements during instrument approaches, but they have been greatly expanded to include many other considerations pertinent to safe pilot behavior (Figure 5).

Similar checklists have been developed for use in other aviation activities. For example, one naval aviation squadron with a superb safety record (more than 40 years and 77,000 flight hours—many of them during aircraft carrier operations—without a major accident) has developed personal minimums checklists for personnel



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performing maintenance on squadron aircraft (Table III) (26).

Whether the use of the personal minimums approach to safety in aviation has actually served to enhance safety does not appear to have been rigorously evaluated. Although checklists are increasingly being used as safety tools in health care (11,27-30), the use of personal minimums checklists has not yet been extensively applied. A structured approach to minimizing adverse effects upon patients of learning curves for new procedures has been advocated (31). Cultivation of "error wisdom" among junior providers has been suggested as a way to enhance patient safety (32). The IM SAFE (Illness, Medication, Stress, Alcohol, Fatigue/Food, Emotion) checklist developed for aviation personnel has received mention (29).

Pediatric cardiologists and pediatric cardiac surgeons are granted great autonomy and wide latitude in choosing how they provide care for their patients. However, they or their team members may not always have the requisite knowledge, skill, or experience to provide specific types or levels of care. Individual physicians or team members may not always be mentally or physically prepared to provide optimal care. Thus, disciplined use of the personal minimums approach by individual providers in order to enhance safety in pediatric cardiology appears to be worthy of evaluation and considered application.

**Pushing the Outside of the Envelope**

This phrase came into common use following its appearance in the 1979 novel about test pilots and the space program, *The Right Stuff* (33). Now the phrase is frequently applied when attempts are made to expand the capabilities of technological systems, such as systems in health care, to perform.

In aviation, the envelope is defined as the area lying within boundaries that describe

the limits of safe aircraft operation under various conditions such as weight, velocity, and acceleration (Figure 6). The boundaries of an envelope are typically developed using engineering estimates, validated in wind tunnels, and finally confirmed by experimental test flights. The outside or "edge" of an envelope is "pushed" when a test vehicle is deliberately flown to approach, meet, or exceed the predicted limits in order to establish the exact capabilities of the vehicle or to determine where failure is likely to occur.

Safe pilots normally strive to fly within the established safe center of the aircraft operating envelope. For certified aircraft, flight near the outside of the envelope is restricted, and flight outside of the envelope is prohibited (Figure 6). In contrast, although pediatric cardiologists and pediatric cardiac surgeons may strive to operate within the accepted safe center of the specialty's envelope, doing so is not always consistent with the best interests of their patients. Situations frequently arise in which varying degrees of calculated risk must be assumed in order to achieve acceptable outcomes (34).

Pushing the outside of the envelope in pediatric cardiology, that is, expanding the capabilities of the specialty to apply new patient management strategies or perform novel procedures, is ideally accomplished by conducting well-designed, carefully-executed, prospective, randomized, controlled clinical trials. This approach is made difficult by a number of factors including small patient numbers, wide variation in individual patient characteristics and clinical needs, limited financial incentives, issues surrounding informed consent, and, in some cases, restrictive regulatory oversight. Indeed, the pediatric cardiology community has recently learned the hazard of pushing the envelope without strict compliance with regulatory requirements (35). Despite such impediments, however, pediatric cardiologists and pediatric cardiac surgeons have

**PILOT**

**Experience/Recency**

Takeoffs/landings ..... in the last  
\_\_\_\_\_ days

Hours in make/model ..... in the last  
\_\_\_\_\_ days

Instrument approaches ..... in the last  
(simulated or actual) \_\_\_\_\_ days

Instrument flight hours ..... in the last  
(simulated or actual) \_\_\_\_\_ days

Terrain and airspace ..... familiar

**Physical Condition**

Sleep ..... in the last  
\_\_\_\_\_ 24 hours

Food and water ..... in the last  
\_\_\_\_\_ hours

Alcohol ..... None in the last  
\_\_\_\_\_ hours

Drugs or medication ..... None in the last  
\_\_\_\_\_ hours

Stressful events ..... None in the last  
\_\_\_\_\_ days

Illnesses ..... None in the last  
\_\_\_\_\_ days

▶ \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Figure 5. General aviation personal minimums checklist. The checklist consists of four sections: Pilot, Aircraft, Environment, and External Pressures. Due to space limitations, only the Pilot section is shown. Reproduced by permission of King Schools, Inc., San Diego, CA.

Table III. VAW-121 Bluetail's Personal Minimums Checklist. Check BEFORE the task (26)	
Do I have the knowledge to perform the task?	Am I mentally prepared to perform the job task?
Do I have the technical data to perform the task?	Am I physically prepared to perform the task?
Have I performed the task previously?	Have I taken the proper safety precautions to perform the task?
Do I have the proper tools and equipment to perform the task?	Do I have the resources available to perform the task?
Have I had the proper training to support the job task?	Have I researched the MIMS to ensure compliance?
<i>Note: MIMS = Maintenance Instruction Manuals. With permission, Commanding Officer, Carrier Airborne Early Warning Squadron 121.</i>	







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## Medical News, Products and Information

### E-mail Access May Improve Patient-Surgeon Communication

Providing patients with e-mail access to their surgeon appears to improve communication without affecting patient satisfaction, according to a report in the February issue of Archives of Surgery, one of the JAMA/Archives journals.

"The fundamental basis of the physician-patient relationship has always been face-to-face communication. However, advances in communications technology have, from time to time, challenged that assumption," according to background information in the article. Although e-mail has been used worldwide to transform communication in various industries such as banking and retail, little has been published regarding its use in health care "other than dire warnings about the potential minefield of legal disasters and litigation that might accompany its use."

Peter Stalberg, MD, PhD, of the Royal North Shore Hospital, Sydney, Australia, and colleagues studied 100 patients prior to undergoing thyroid or parathyroid surgery. Of those, 50 (average age 45.1) were assigned to receive an information sheet including the surgeon's e-mail address and a statement informing them that the surgeon's preferred method of communication was e-mail. Another 50 patients (average age 48.2) received an information sheet that did not include an e-mail address or statement about the surgeon's preferred mode of communication. The surgeon's e-mail address was available to both groups on the appointment card and a website. Researchers assessed patient communication with the surgeon outside of consultation as well as information provided on patient satisfaction questionnaires.

In total, 26 of 100 patients (26%) initiated additional communication with the surgeon around the time of operation, 19 of 50 (38%) in the group provided with e-mail information and 7 of 50 (14%) in the group not given e-mail information on the contact sheet. "Of those who initiated communication, 22 of 26 (84%) did so by e-mail; three (12%), by fax and one (4%), by telephone," the authors write. For patients using email, 18 of 22 (81%) were in the group provided with e-mail information, while four of the 22 (18%) were in the group that did not receive e-mail information on their contact sheet.

"People who use e-mail certainly would like to have e-mail access to their physicians," the authors conclude. "Despite the many concerns, we believe that this study shows that the provision to patients of readily available e-mail access to their surgeon provides a very effective means of improving communication prior to patients undergoing elective surgery."

For more information: [jama.ama-assn.org/](http://jama.ama-assn.org/)

## JUNE MEETING

### CARDIOSTIM 2008

#### 16th World Congress in Cardiac

#### Electrophysiology and Cardiac Techniques

Nice Acropolis Convention Center; 1, Esplanade Kennedy; 06300

Nice – France; June 18-21, 2008

[www.Cardiostim.fr](http://www.Cardiostim.fr)

Cardiostim is the international meeting of electrophysiologists. 2008 is the first year of the close cooperation with the European Heart Rhythm Association. Martin Schalij is in charge of the Europe Scientific Program Committee of EHRA. Past attendees will still find the traditional lines of programs. There are fourteen sessions by Doug Zipes on Basic Electrophysiology. Mel Scheinman, Nadir Saoudi and Michel Haïssaguerre will present a program on ablation techniques. Cardiostim will repeat the Live Demos, organized by the RETAC group. Images will come from Toulouse, France (Serge Boveda), and from Bad-Krozingen, Germany (Thomas Arentz). These colleagues will show the various technologies available for ablation techniques and CRT implants. These sessions will offer the attendees an opportunity to exchange views on the latest innovations about real cases. Jerry Naccarelli, Jean-Jacques Blanc and Sam Lévy, on behalf of the ACAF group, will present a program on the clinical management of Atrial Fibrillation. Serge Barold will present an update on Cardiac Resynchronization Therapy, which focuses on controversial aspects: new indications, patient selection, role of imaging techniques, challenging implant procedures, follow-up, and management of complications. David Cannom will present a program on ICDs. Wojciech Zareba and the ISHNE group will present one on Non-Invasive Electrophysiology. Nabil El-Sherif and G. Turitto will discuss risk stratification for Sudden Cardiac Death.

Albert Waldo, John Camm and Craig Pratt will debate on the latest Clinical Trials in Electrophysiology. Win Shen and Ron Vlietstra offer the Geriatric Cardiology symposium, and Maurice Guirguis, his Fetal Cardiology program, with echo demos on pregnant patients. Industry symposia complete the main program. Companies will also have the opportunity to show their latest advances in the Jacques Mugica Conference. To complete the main program this year, Cardiostim brings two major lines of programs: Telemedicine that will revolutionize modes of device follow-up, and the so-called "Prevention Sessions."

Official Language of the meeting is English.

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**Patients Appear to Have Lower Rate of Survival if In-Hospital Cardiac Arrest Occurs During Night, Weekends**

Patients who have an in-hospital cardiac arrest at night or on the weekend have a substantially lower rate of survival to discharge than hospitalized patients who experience a cardiac arrest during day/evening times on weekdays, according to a study in the February 20 issue of JAMA.

The detection and treatment of cardiac arrests may be less effective at night because of patient, hospital, staffing and response factors. If in-hospital cardiac arrests are more common or survival is worse on nights and weekends, this information could have important implications for hospital staffing, training, care delivery processes and equipment decisions, according to background information in the article.

Mary Ann Peberdy, MD, of Virginia Commonwealth University, Richmond, Va., and colleagues evaluated survival rates for adults with in-hospital cardiac arrest by time of day and day of week. The study included data on 86,748 adult in-hospital cardiac arrest events occurring at 507 medical/surgical hospitals participating in the American Heart Association's National Registry of Cardiopulmonary Resuscitation from January 2000 through February 2007. The researchers examined survival from cardiac arrest in hourly time segments, defining day/evening as 7:00 a.m. to 10:59 p.m., night as 11:00 p.m. to 6:59 a.m., and weekend as 11:00 p.m. on Friday to 6:59 a.m. on Monday.

A total of 58,593 cases of in-hospital cardiac arrest occurred during day/evening hours (including 15,110 on weekends), and 28,155 cases occurred during night hours (including 7,790 on weekends).

The researchers found that rates of survival to discharge (14.7% vs. 19.8%), return of spontaneous circulation for longer than 20 minutes (44.7% vs. 51.1%), survival at 24 hours (28.9% vs. 35.4%), and favorable neurological outcomes (11.0% vs. 15.2%) were substantially lower during the night compared with day/evening.

Survival to discharge at night was similar during the week (14.6%) and weekends (14.8%). Survival during day/evening

weekdays (20.6%) was higher than on weekends (17.4%).

(JAMA. 2008;299[7]:785-792. For more information: [jama.ama-assn.org/](http://jama.ama-assn.org/))


**View the entire 45-page  
"PFO-ASD Closure  
How to Treat and with What"  
by Horst Sievert, MD  
Presentation on the web at:  
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**Step by Step**


- Local anesthesia
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- Multipurpose catheter → pulmonary vein
- Stiff wire
- LAO projection
- Balloon sizing
- Device implantation
- < 30 min
- Hospital stay



**Tips and Tricks**  
Large ASD's

**Device selection**  
Do not over-size device by more than 2-4 mm  
Larger devices may perforate

- Rotate the sheath clock-wise
- Keep tension !!



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