



## PERCUTANEOUS AMPLATZER SEPTAL OCCLUDER DEVICE OCCLUSION OF A LARGE PORTAL VEIN TO PULMONARY VENOUS ATRIUM COLLATERAL RESULTING IN SEVERE SYSTEMIC HYPOXEMIA POST FONTAN

### WRITTEN BY

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### INTRODUCTION

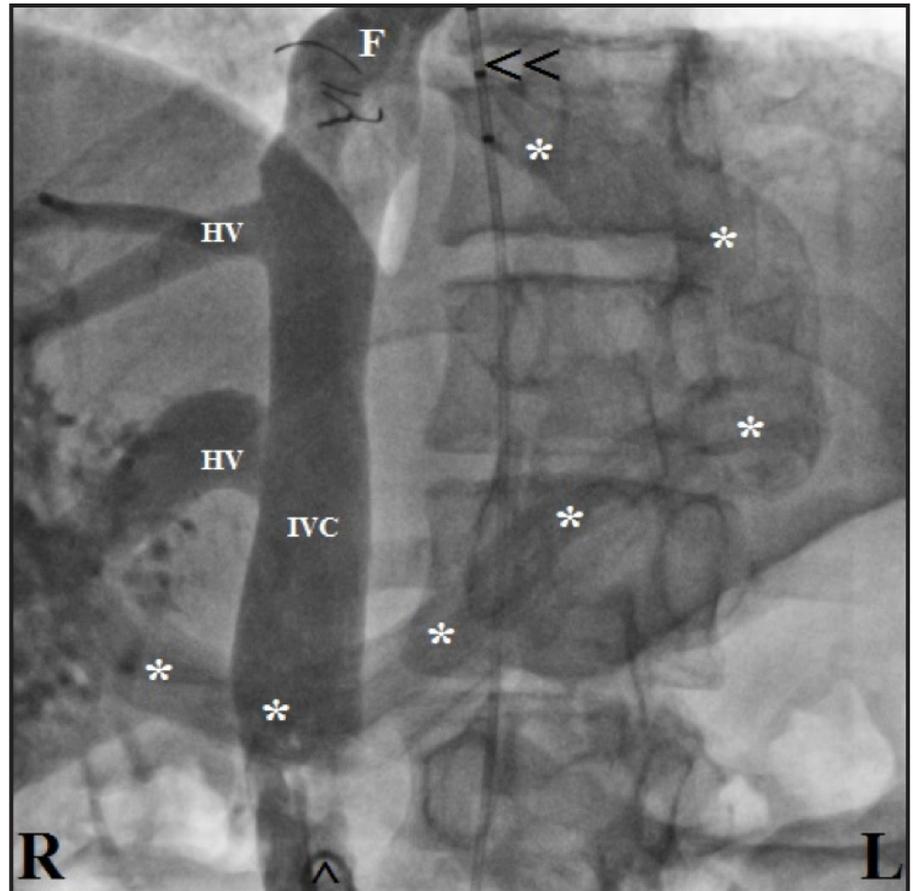
The development of decompressing veno-venous collaterals is common following the bidirectional Glenn shunt and Fontan operations which can result in varying degrees of systemic desaturation. This phenomenon is thought to be a biologic reaction to the increased systemic venous pressure changes associated with this type of circulation. Often, these vessels are of supradiaphragmatic origin such as the brachiocephalic veins which communicate with the inferior cardinal vein, pulmonary venous atrium or coronary sinus. Other potential locations include the azygous and hemiazygous venous systems. The portal venous system is rarely discussed as a potential for veno-venous collateralization, however, it is certainly a vascular territory at risk for dysfunction in the presence of Fontan physiology. We describe an unusual cause of significant systemic hypoxemia many years post extracardiac non-fenestrated Fontan completion secondary to the development of a large portal veno-venous communication with the pulmonary venous atrium that was successfully embolized utilizing an Amplatzer Septal Occluder device.

### CASE PRESENTATION

The patient is a 17-year-old male with complex single ventricle physiology (dextrocardia with situs ambiguous, asplenia, complete atrioventricular canal, pulmonary valve atresia, right-sided IVC and left-sided SVC with

infradiaphragmatic total anomalous pulmonary venous return). He underwent a modified left BT shunt and TAPVR repair soon after birth, followed by a bidirectional Glenn shunt at six months of age and extracardiac non-fenestrated lateral tunnel Fontan completion at four

years of age. At five years of age, he underwent a routine post Fontan cardiac catheterization utilizing intravenous conscious sedation which demonstrated acceptable hemodynamics with a mean central venous pressure of 13mmHg and transpulmonary gradient of 4mmHg.



**FIGURE 1** Anterior-Posterior (AP) View IVC injection with opacification of hepatic veins (HV) and Fontan pathway (F). A hepatic vein-to-portal vein shunt (asterisks) is identified on late filling which communicates with a venous structure that ascends above the diaphragm and into the pulmonary venous atrium. (R: patient right; L: patient left; double carrot: sizing catheter in descending aorta)

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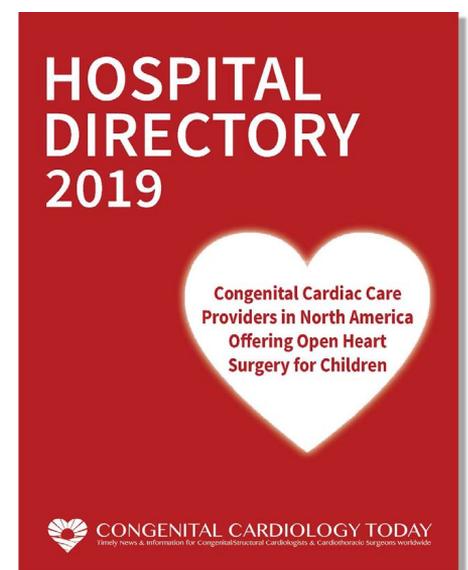
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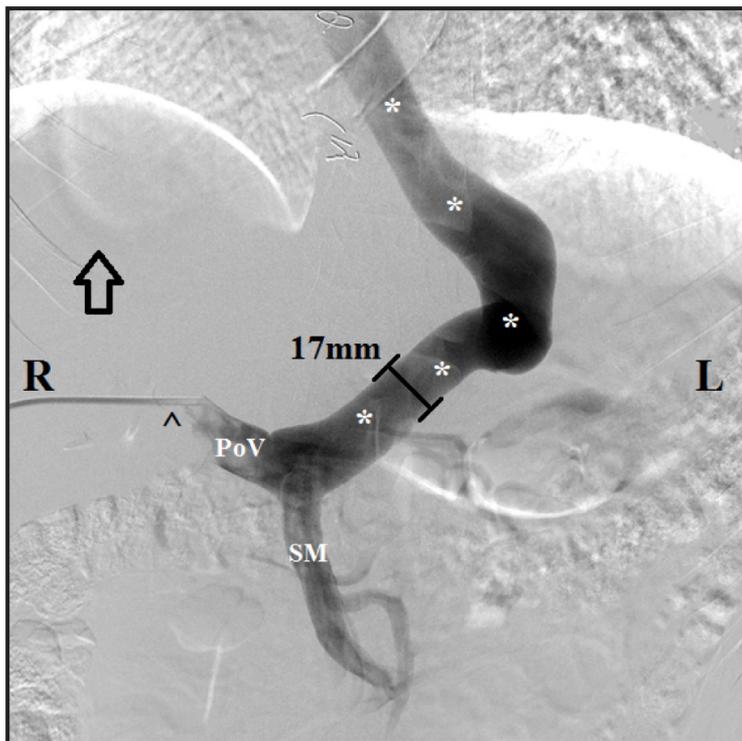


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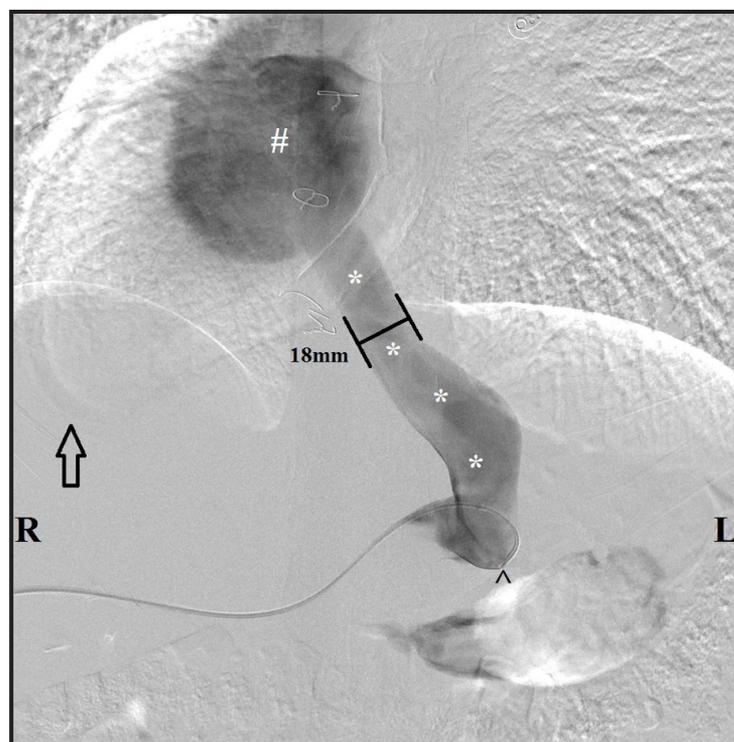


**FIGURE 2** AP Digital Subtraction Angiography Access to the portal venous system from a mid- axillary intercostal approach. Mid-portal vein (PoV) contrast injection demonstrates connection to a large venous collateral (Asterisks: 17mm diameter) continuing above diaphragm with opacification of the pulmonary venous atrium. Dextrocardia demonstrated with right-ward cardiac apex (arrow). (R: patient right; L: patient left; SM: superior mesenteric vein; carrot: injection catheter)

His systemic saturation was mildly reduced at 89% with a normal hemoglobin of 14.8 gm/dl. Angiography in the inferior vena cava demonstrated reversal of flow from the hepatic veins into the portal vein which then communicated with the pulmonary venous atrium via a large ascending venous structure. No intervention was performed at that time. He continued outpatient followup with a local pediatric cardiologist who recently documented significant systemic desaturation at rest (81%) and the development of a secondary polycythemia (hemoglobin: 18.9 gm/dl and hematocrit: 55%) with normal RBC indices. He was subjectively asymptomatic from a cardiovascular standpoint without hepatomegaly. Transthoracic echocardiography demonstrated subjectively normal biventricular systolic function with trivial insufficiency of the common atrioventricular valve and the caval connections appeared unobstructed. The patient did not report any clinical evidence of protein-losing enteropathy. He underwent repeat cardiac catheterization under general anesthesia in April 2019 which demonstrated excellent post-Fontan hemodynamics with a mean central venous pressure of 11mmHg and normal transpulmonary gradient of 5mmHg. The extracardiac Fontan conduit, caval connections and pulmonary arteries were widely patent. There was no echocardiographic evidence of micro pulmonary arterio-venous fistulas in either lung field via agitated saline injection. Angiography demonstrated

flow reversal within the hepatic veins into the portal vein with significant opacification of the pulmonary venous atrium via a large ascending venous structure. This communication was clearly larger than first noted many years ago and accounted for the severe systemic desaturation (Figure 1). The patient was referred to interventional radiology for embolization of the portal veno-veno communication utilizing percutaneous techniques.

From a low intercostal approach in the mid axillary line, a 22-gauge Chiba needle was advanced through the liver obliquely and during slow withdrawal while contrast was being injected, opacification of a peripheral right portal vein was achieved. Eventually a #5 French sheath was placed into the portal vein through which digital subtraction angiography was performed. A large vein, measuring approximately 17 mm, was seen arising from the portal vein-splenic vein junction and drained above the diaphragm to the left-sided atrium (Figures 2,3). However, due to the large diameter of this venous structure, an Amplatzer vascular plug was not an option. Therefore, a 12mm Amplatzer Septal Occluder device (26mm left atrial disc and 24mm right atrial disc) was chosen. Following device implantation there was an immediate improvement in the patient's systemic saturation to 95% in room air (Figure 4). Additional Gianturco coils were then placed proximal to the septal occluder to prevent theoretical recanalization. Following embolization there was preserved hepato-pedal flow in the superior mesenteric vein and



**FIGURE 3** AP Digital Subtraction Angiography (DSA) Contrast injection into the large venous collateral (Asterisks: 18mm diameter) continuing above diaphragm to pulmonary venous atrium (hashtag). (R: patient right; L: patient left; carrot: injection catheter; arrow: right-ward cardiac apex)



## Chief of Pediatric Cardiology Imaging

Children's Physician Services of South Texas, (CPSST) a group affiliated with Driscoll Children's Hospital is advancing a comprehensive Heart Center to meet the healthcare needs of congenital heart patients in South Texas. CPSST is recruiting a BC/BE Cardiologist with expertise in cardiac imaging. The ideal candidate will have at least five years' experience as a dedicated echocardiographer, 4<sup>th</sup> year training in echocardiography a plus.

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Driscoll Children's Hospital is a freestanding children's hospital in Corpus Christi, Texas. The Heart Center has committed substantial space for the creation of an imaging lab that can centralize studies, including telemedicine communication for outpatient studies around the region. Current imaging faculties (2) have expertise in MRI and fetal imaging. In addition, the Driscoll Heart Center includes one electrophysiologist, two interventional cardiologists, numerous outpatient cardiologists and a team of congenital heart surgeons. Driscoll is a regional referral center for South Texas with supporting practices in Laredo, McAllen, and Brownsville. Visit our website for more information [Driscollchildrens.org](http://Driscollchildrens.org)

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## Survey On Childhood Immunization Recommendations In Congenital Heart Disease

**WHO** Medical professionals (nurses, doctors) who work in pediatric cardiology

**WHAT** 5 minute survey - respond only once

**WHY** Conducting a survey to understand the advice that medical professionals give regarding immunizations in pediatric cardiology patients

### Sample Question

<p><b>Scenario 6A.</b> Brugada syndrome, SCN5A pathogenic variant, family history of Brugada syndrome in father (asymptomatic Type 1 ECG pattern). Asymptomatic infant. Normal ECG.</p>	<p><input type="radio"/> Immunize normally as per recommendation with no special precautions</p> <p><input type="radio"/> Immunize but with special precautions</p> <p><input type="radio"/> Do not immunize at this time</p> <p><input type="radio"/> I would not be consulted about immunizations for this particular lesion</p>
---	--

Standard immunizations are generally scheduled for the first 6-8 weeks of life, a time when some congenital heart patients may present with symptoms. We aim to survey a large group of medical professionals (nurses, doctors) who work in pediatric cardiology about their practice to understand the current practice.

In order to gain a better understanding of the assessment of the risk of immunizations with certain lesions by pediatric cardiology medical professionals, we are studying the approach to hypothetical scenarios which present commonly and may impact the decision to proceed with the first scheduled immunization.

If you would ordinarily be consulted for immunization advice in pediatric patients with structural and/or genetic heart disease that present in infancy (eg LVOT obstruction, cardiomyopathy, VSD), we would be grateful if you would complete our short survey.

### Share the Survey

<https://rc.bcchr.ca/redcap/surveys/?s=YMFH9R7AKK>

Thank you,

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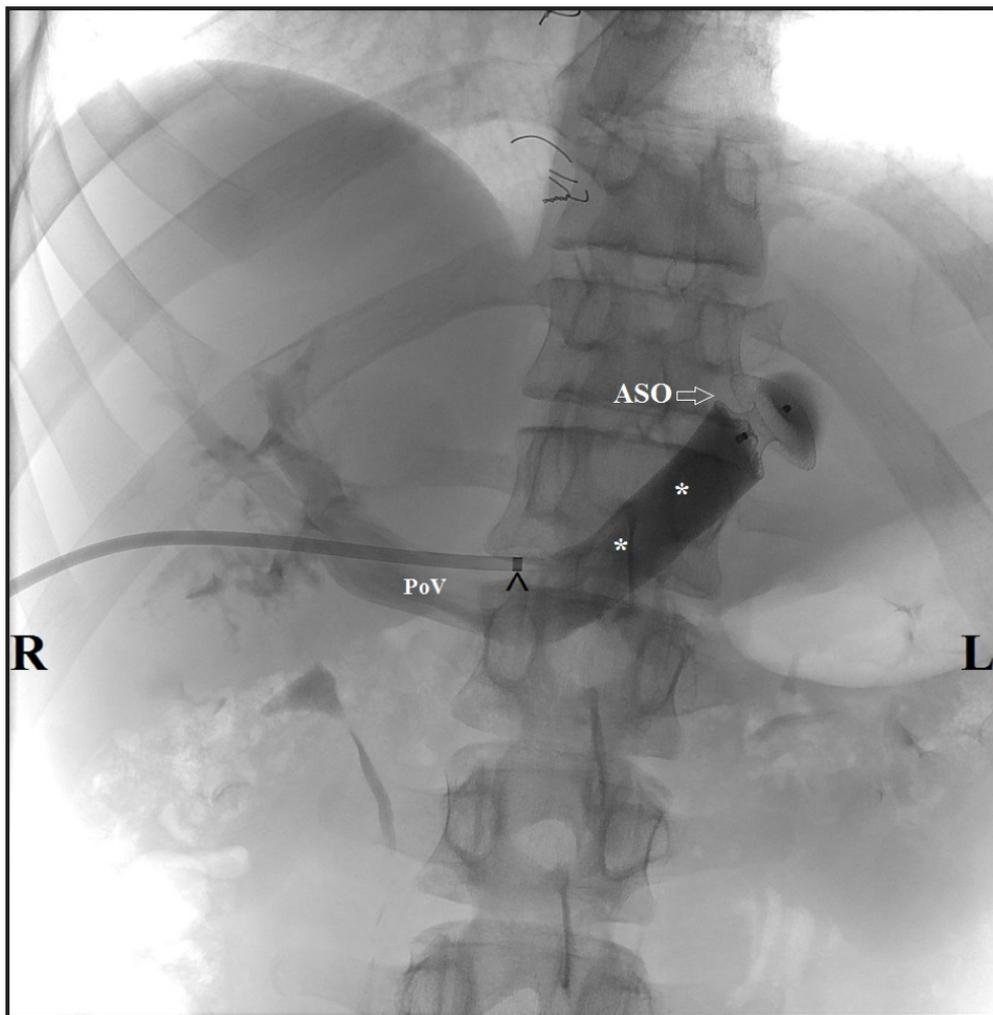
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**FIGURE 4** AP Contrast Angiography within the porto-venous connection proximal to the 12mm Amplatzer Septal Occluder device (ASO) which has become elongated as expected. Contrast now injected in proximal collateral vein (asterisks) stops at lateral spine border with no continuation above diaphragm.

within the main and intrahepatic portal veins. The direct portal vein pressure prior to embolization was a mean of 11 mmHg and, as expected, increased to 15 mmHg post embolization. He was discharged home the following morning with a normal systemic saturation of 95% in room and no cardiovascular or abdominal symptoms.

## DISCUSSION

The development of veno-venous collaterals resulting in varying degrees of systemic desaturation is common in patients with Fontan physiology. Previous published reports have estimated that approximately 1/3 of patients will develop

connections between the systemic and pulmonary venous systems following either a bidirectional Glenn shunt or Fontan completion<sup>1,2</sup>. This phenomenon is thought to be a biologic reaction to the increased systemic venous pressure changes associated with Fontan physiology. Some authors describe these vessels as 're-opened' embryologic pathways resulting in a pop-off for the abnormally elevated systemic venous pressures. Others have proposed that these vessels may result from primary angiogenesis<sup>1</sup>. Often, these vessels are of supradiaphragmatic origin such as the brachiocephalic veins draining either into the inferior cardinal vein, pulmonary venous atrium or coronary sinus<sup>2</sup>. Other potential locations include the azygous

and hemiazygous venous systems. The portal venous system is rarely discussed as a location for veno-venous collateralization; however it is certainly a vascular territory at risk for dysfunction in the Fontan population<sup>3,4</sup>. Hsia et al described the potential for congestion in the hepatic-portal venous system, which may contribute to liver and gastrointestinal dysfunction<sup>5</sup>. We speculate that similar physiology may have contributed to our patient's unusual hepatic vein-portal-vein shunt development.

A variety of transcatheter devices have been employed to occlude these veno-venous connections when hemodynamically or clinically significant<sup>6</sup>. However, in this case, the portal vein had to be directly accessed percutaneously in order to implant an occluder device. Although this is a rarely utilized technique by interventional pediatric cardiologists, it's not an uncommon approach for interventional radiologists. In patients with portal hypertension secondary to primary liver disease, the development of porto-pulmonary venous anastomosis leading to systemic embolization and stroke has been documented with resolution following successful embolization techniques<sup>7,8</sup>. To our knowledge, this is the first use of an Amplatzer septal occluder device for embolization of a large portal vein to pulmonary venous atrium collateral resulting in significant systemic desaturation in a postoperative Fontan patient. This entity should be considered in future patients with significant systemic desaturation when other etiologies have been excluded.

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\*The term "stent fracture" refers to the fracturing of the Melody TPV. However, in subjects with multiple stents in the RVOT it is difficult to definitively attribute stent fractures to the Melody frame versus another stent.

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- Severe RVOT obstruction, which cannot be dilated by balloon
- Obstruction of the central veins
- Clinical or biological signs of infection
- Active endocarditis
- Known allergy to aspirin or heparin
- Pregnancy

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# ANOMALOUS CONNECTION OF THE INFERIOR VENA CAVA TO THE LEFT ATRIUM

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## ABSTRACT

Anomalous drainage of the IVC into the left atrium is a very rare congenital anomaly of the heart. In our case report, we have a newborn female who had continued hypoxia after birth despite multiple interventions. An echocardiogram showed a bilateral SVC, with the right

SVC and IVC draining into the right atrium and the left SVC draining directly into the left atrium, an absent innominate vein between the two SVCs, a small PFO, and an unroofed coronary sinus. The patient was discharged home with oxygen saturations ranging from 75-85%. During surgical correction at four months of age, it was found that her IVC entered the diaphragm at a normal position, but drained into the left atrium due to the malformation of the atrial septum. The atrial septum was reconstructed to redirect

the IVC to drain into the right atrium. After surgical correction, she had normal oxygen saturations and was discharged home.

## INTRODUCTION

The IVC is normally formed by the contribution of five venous systems and carries blood into the right atrium. In our case, the malposition of the septum primum caused the IVC to drain into the left atrium. When the septum secundum is absent, it can

cause the septum primum to be displaced in either direction. This can cause the pulmonary veins to drain into the opposite atria, and can cause the IVC to drain in the opposite atrium as well. Many times, surgical treatment is warranted. There are three types of repairs. If there is AV concordance, a new septum can be constructed so that the systemic and pulmonary veins drain into the corresponding atria. If there is AV discordance with well-developed ventricles, the pulmonary and systemic veins can be rerouted to drain

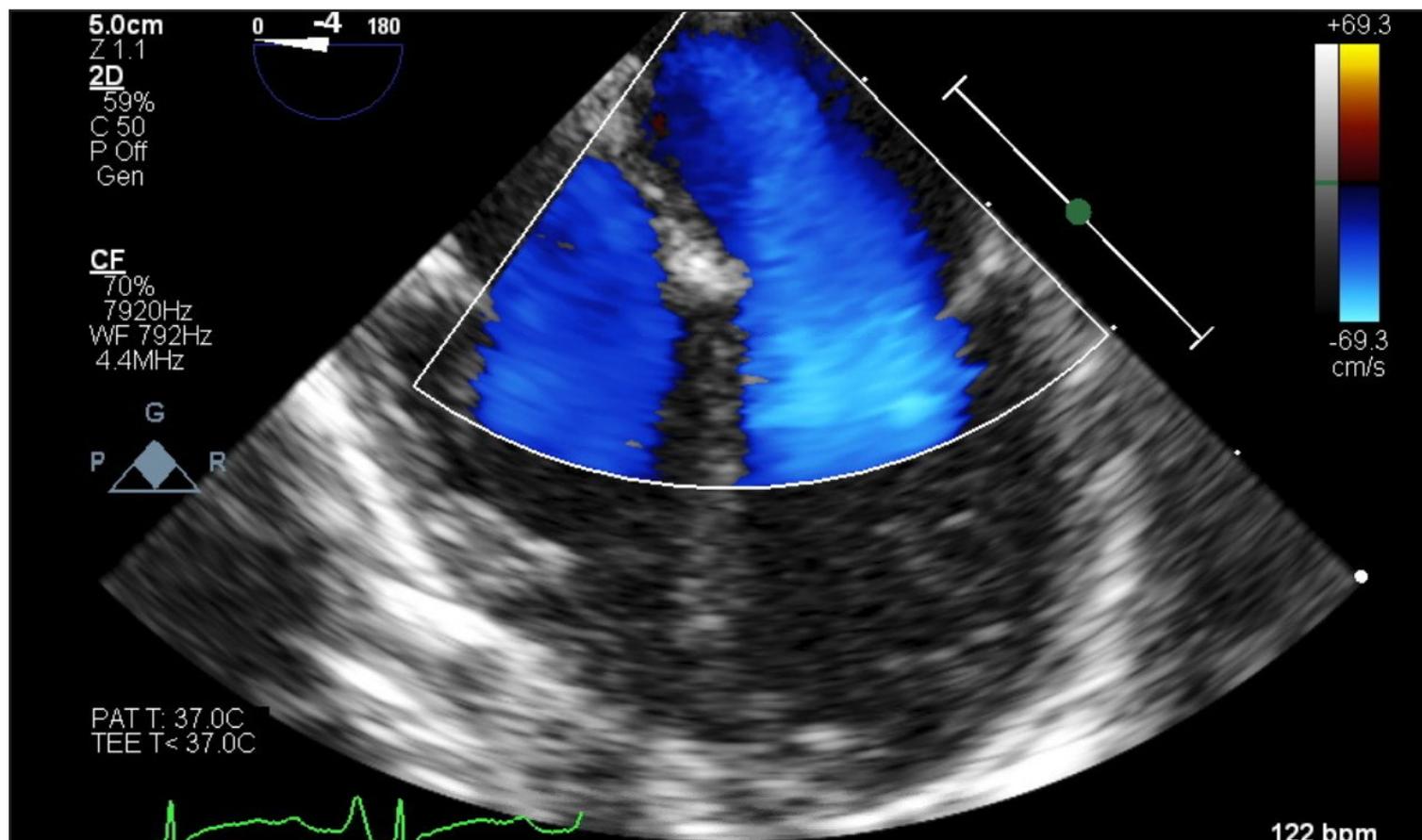
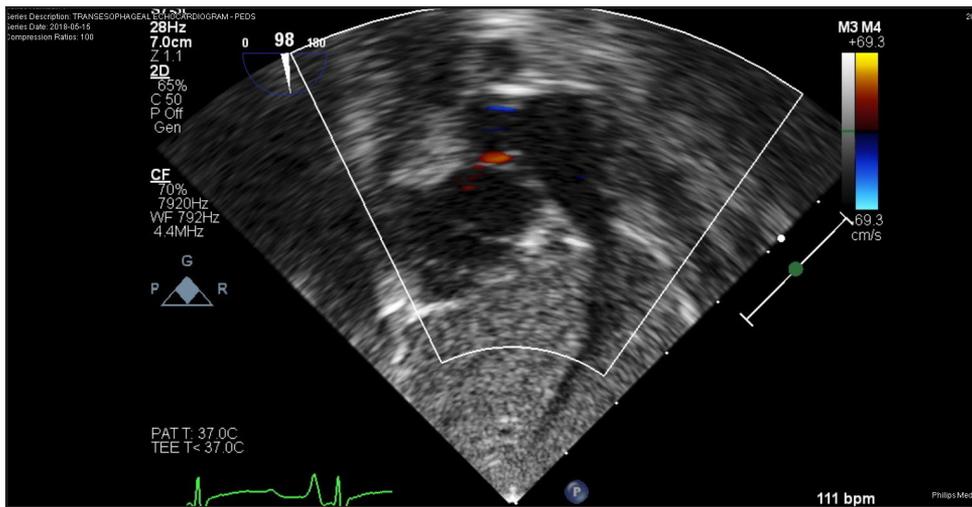
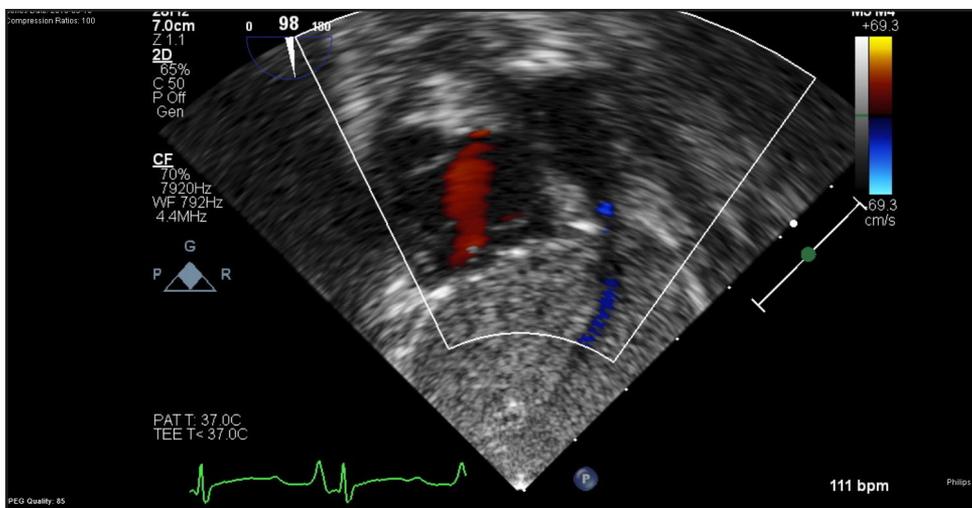


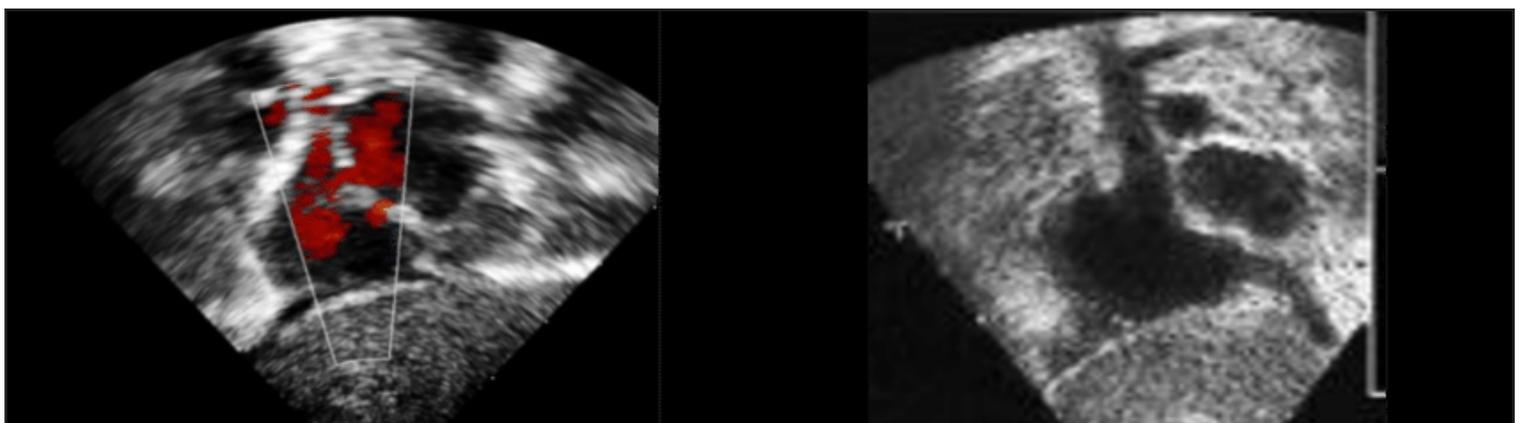
FIGURE 1 Apical 4 chamber view. No abnormality detected.



**FIGURE 2a** Subcostal view showing IVC entering into LA to the left of the atrial septum. Small PFO noted.



**FIGURE 2b** Subcostal view showing flow into IVC going into LA.



**FIGURE 3** Example of IVC draining normally into the RA to the right of interatrial septum.

into the corresponding ventricles. If a biventricular repair cannot be achieved, it is generally due to a more serious congenital malformation. In the case of our patient, her septum was able to be reconstructed to cause her IVC to drain into her right atrium. Partial or complete drainage of the IVC into the LA can cause cyanosis, polycythemia, brain abscess and paradoxical emboli due to the right-to-left shunting<sup>1</sup>.

## CASE REPORT

Our patient is a newborn female, born at 35 weeks four days via Cesarean section secondary to preeclampsia, who initially presented with hypoxia. A chest X-ray was normal. Initial transthoracic echocardiogram on Day 2 of Life showed normal anatomy and function. Hypoxia continued to persist on nasal CPAP despite treatment with Surfactant, Nitric oxide and Sildenafil. Due to continued desaturations with no known cause, an echocardiogram was repeated on Day 9 of Life. This repeat echocardiogram showed a bilateral SVC, with the right SVC and IVC draining into the right atrium and the left SVC draining directly into the left atrium, an absent innominate vein between the two SVCs, a small PFO, and an unroofed coronary sinus. Patient was discharged home on Day 15 of Life in stable condition, with oxygen saturations ranging from 75%-85%.

At her follow-up visit six weeks later, she was stable, with mild perioral cyanosis when agitated. The family elected to have her undergo surgical repair of the heart defect as soon as it was safe.



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Interested candidates should forward a cover letter and curriculum vitae, and the names and contact information for three to five references to:

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The Outpatient Division of the Department of Cardiology at Boston Children's Hospital invites outstanding candidates to apply for a tenure-track faculty position as Assistant or Associate Professor of Pediatrics, Harvard Medical School.

We are seeking applicants with experience and interest in the practice of general pediatric cardiology. The successful candidate will have exceptional potential to lead clinical and educational initiatives in a busy high volume high complexity academic pediatric and congenital cardiology practice engaged in training clinical cardiology fellows in ambulatory practice. Experience should align with the Department's focus on delivering the highest quality care informed by cutting edge research and focused on maximizing patient outcomes and patient care. Clinicians with an interest in education, outcomes research, quality initiatives, e-health and other topics related to pediatric and congenital cardiology in the ambulatory setting are encouraged to apply.

Successful candidates will be offered a competitive start-up package, with roles participating in research, teaching and other activities of the Department. Suitable candidates will have an MD and be trained in pediatric cardiology. For further information about the department, please visit us at:

[www.childrenshospital.org/hearthealth](http://www.childrenshospital.org/hearthealth)  
[www.childrenshospital.org/centers-and-services/centers/heart-center](http://www.childrenshospital.org/centers-and-services/centers/heart-center)

Interested candidates should forward a cover letter and curriculum vitae, and the names and contact information for three to five references to:

**Dr. Sarah de Ferranti**  
Division Chief Outpatient Cardiology  
[sarah.deferranti@cardio.chboston.org](mailto:sarah.deferranti@cardio.chboston.org)

*Boston Children's Hospital is an Equal Opportunity Employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, disability status, protected veteran status, or any other characteristic protected by law.*

At four months of age, the patient underwent surgical correction. During the procedure, the IVC was noted to enter the diaphragm at the normal position, but was beneath the plane of the septum and draining into the left atrium. A bovine pericardial patch was used to reconstruct the atrial septum to redirect the IVC to drain superiorly into the right atrium. There was also repair of the anomalous systemic venous connections by connecting the left SVC to the right atrial appendage.

The patient had a complicated post-operative course, with a bilateral chylothoraces requiring chest tubes to be placed. She also had a left-sided internal jugular vein clot and left hemidiaphragm paralysis.

Patient's multiple post-operative echocardiograms showed normal structure and function. Patient was discharged home on Lasix and Diuril with normal oxygen saturations.

## DISCUSSION

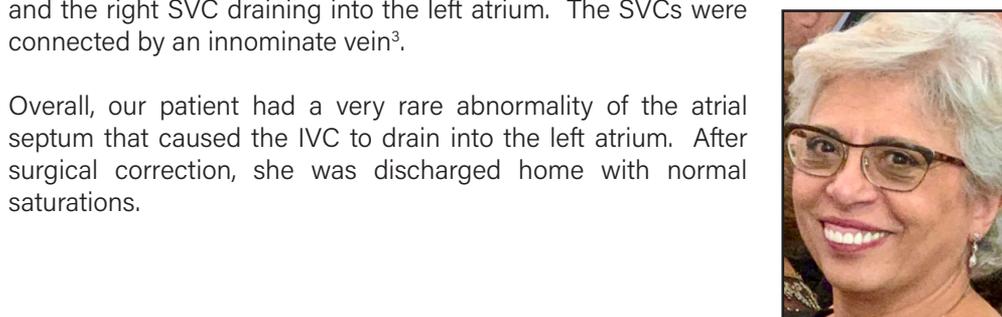
An abnormal IVC draining into the left atrium is a very rare defect. In fact, during our literature review, we could only find a few cases that were similar to ours. In a previous case report published, a 23-year-old male who presented with cyanosis was found to have an anomalous IVC connection to the left atrium with a secundum ASD. In that case, the septum primum was unroofed and closed so the IVC would flow anteriorly into the right atrium<sup>2</sup>.

We could not find any other cases that were similar to ours. We did find a case of a 2-year-old girl with cyanosis that was found to have bilateral SVC with the left SVC draining into the right atrium and the right SVC draining into the left atrium. The SVCs were connected by an innominate vein<sup>3</sup>.

Overall, our patient had a very rare abnormality of the atrial septum that caused the IVC to drain into the left atrium. After surgical correction, she was discharged home with normal saturations.

## REFERENCES

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2. Steele J, Erenberg F, Majdalany D, Prieto L, Yaman M.E. Anomalous Inferior Vena Cava To The Left Atrium. American College of Cardiology 2018. 71 (11) (Pubmed).
3. Alghamdi M.H, Elfaki, W., Al-Habshan F., Aljarallah A. Bilateral superior vena cava with right superior vena cava draining into left atrium. J Saudi Heart Assoc 2015. (2):123-126. (Pubmed).



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Pediatric Cardiology  
West Virginia University  
Morgantown, WV, USA

# MAKING A DIFFERENCE



## NuDEL®

CP Stent® Delivery System

## EmeryGlide™

MR Conditional Guidewire

## Nit-Occlud® PDA

Coil System For PDA Closure



**NuDEL™ Indications for Use:**

The NuDEL is indicated for use in the treatment of native and/or recurrent coarctation of the aorta involving the aortic isthmus or first segment of the descending aorta where there is adequate size and patency of at least one femoral artery associated with one or more of the following: acute or chronic wall injury; nearly atretic descending aorta of 3 mm or less in diameter; a non-compliant stenotic aortic segment found on pre-stent balloon dilation; a genetic or congenital syndrome associated with aortic wall weakening or ascending aortic aneurysm.

The NuDEL is indicated for use in the treatment of right ventricle to pulmonary artery (right ventricular outflow tract) conduit disruptions that are identified during conduit pre-dilatation procedures performed in preparation for transcatheter pulmonary valve replacement.

**Caution:** Federal (USA) Law restricts this device to sale by or on the order of a physician. **Contraindications:** Clinical or biological signs of infection. Active endocarditis. Pregnancy. **Contraindications (CoA only):** Patients too small to allow safe delivery of the stent without compromise to the systemic artery used for delivery. Unfavorable aortic anatomy that does not dilate with high pressure balloon angioplasty. Curved vasculature. Occlusion or obstruction of systemic artery precluding delivery or the stent. Known allergy to aspirin, other antiplatelet agents, or heparin. **Contraindications (RVOT only):** Patients too small to allow safe delivery of the stent without injury to a systemic vein or to the right side of the heart. **Warnings / Precautions:** Administer appropriate anticoagulation therapy to reduce potential thrombosis. If the patient is not appropriately anticoagulated, thrombus formation may occur. The sheath must be flushed with heparinized saline via the proximal side port prior to introducing the delivery system into the body. The inflated diameter of the stent should at least equal the diameter of the intended implant site. Excessive handling and manipulation of the covering while crimping the stent may cause the covering to tear off of the stent. Retracting the covered stent back into the sheath may cause the covering to catch and tear off of the stent. Do not exceed the RBP. An inflation device with pressure gauge is recommended to monitor pressure. Pressure in excess of the RBP can cause balloon rupture and potential inability to withdraw the catheter into the sheath. Confirm that the distal end of the introducer sheath is at least 2.5cm back from the most proximal image band before inflating the outer balloon. Failure to do so may stretch the outer tubing and severely hinder balloon deflation. Exercise caution when handling the stent to prevent breakage. The NuDEL system, especially at the stent, is rigid and may make negotiation through vessels difficult. The inflation diameter of the balloon used during stent delivery should approximate the diameter of the obstructive vessel and the intended implant site. If resistance is encountered upon removal, the whole system (balloon, guidewire and sheath) should be removed as a single unit, particularly if balloon rupture or leakage is known or suspected. **Warnings / Precautions (CoA only):** Coarctation of the aorta involving the aortic isthmus or first segment of the descending aorta should be confirmed by diagnostic imaging. The NuMED CP Stent has not been evaluated in patients weighing less than 20kg. The platinum/iridium stent may migrate from the site of the implant. As with any type of implant, infection secondary to contamination of the stent may lead to aortitis, or abscess. Over-stretching of the artery may result in rupture or aneurysm formation. **Warnings / Precautions (RVOT only):** During the Premarket Approval study the Medtronic Melody valve was used for valve restoration. The safety and effectiveness of the Covered CP Stent for pre-stenting of the right ventricular outflow tract (RVOT) landing zone (i.e. prophylaxis or prevention of either RVOT conduit rupture or TPVR fracture; use as a primary RVOT conduit) in preparation of a transcatheter pulmonary valve replacement (TPVR) has not been evaluated. As with any type of implant, infection secondary to contamination of the stent might lead to endocarditis, or abscess formation. The Covered Stent can migrate from the site of implant potentially causing obstruction to pulmonary artery flow. Over-stretching of the RVOT may result in rupture or aneurysm of the RV-PA conduit or the native pulmonary artery.

**Nit-Occlud® Indications for Use:**

The Nit-Occlud® PDA coil is a permanently implanted prosthesis indicated for percutaneous, transcatheter closure of small to moderate size patent ductus arteriosus with a minimum angiographic diameter less than 4mm.

**Nit-Occlud® Brief Statement:**

Do not implant the Nit-Occlud PDA into patients who have endocarditis, endarteritis, active infection, pulmonary hypertension (calculated PVR greater than 5 Wood Units), thrombus in a blood vessel through which access to the PDA must be obtained, thrombus in the vicinity of the implantation site at the time of the implantation or patients with a body weight < 11 lbs. (5kg). An angiogram must be performed prior to implantation for measuring length and diameter of the PDA. Only the pfm medical implantation delivery catheter should be used to implant the device. Administration of 50 units of heparin per kg bodyweight should be injected after femoral sheaths are placed. Antibiotics should be given before (1 dose) and after implantation (2 doses) to prevent infection during the implant procedure. Do not implant the Nit-Occlud PDA in an MR environment. Do not pull the Nit-Occlud coil through heart valves or ventricular chambers. Contrast media should not be injected through the implantation catheter. The catheter must not be connected to high pressure injectors. Patients may have an allergic response to this device due to small amounts of nickel that has been shown to be released from the device in very small amounts. If the patient experiences allergic symptoms, such as difficulty in breathing or swelling of the face or throat, he/she should be instructed to seek medical assistance immediately. Antibiotic prophylaxis should be performed to prevent infective endocarditis during first 6 months after coil implantation. Potential Adverse Events: Air embolism, Allergic reaction to drug/contrast, Apnea, Arrhythmia requiring medical treatment or pacing, Arteriovenous fistula, Bacterial endocarditis, Blood loss requiring transfusion, Chest pain, Damage to the tricuspid or pulmonary valves, Death, Embolization of the occluder, requiring percutaneous or surgical intervention, Endarteritis, False aneurysm of the femoral artery, Fever, Headache/ Migraine, Heart failure, Hemolysis after implantation of the occluder, Hypertension, Hypotension or shock, Infection, Myocardial infarction, Occluder fracture or damage, Perforation of the heart or blood vessels, Stenosis of the left pulmonary artery or descending thoracic aorta, Stroke/TIA, Thromboembolism (cerebral or pulmonary), Valvular Regurgitation, Vessel damage at the site of groin puncture (loss of pulse, hematoma etc.)

Refer to the IFUs for a complete listing of indications, contraindications, warnings and precautions. [www.bisusa.org](http://www.bisusa.org)

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# MEDICAL NEWS

## COMPILED BY

Kate Baldwin  
Tony Carlson

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### **LURIE CHILDREN'S OFFERS KIDS VIRTUAL ESCAPE FROM INTENSIVE CARE UNIT**

**From Scuba Diving to Snowboarding, Patients in the Pediatric Intensive Care Unit Leave the Hospital Behind with Virtual Reality**

For the first time in a Pediatric Intensive Care Unit (PICU), patients get a chance to scuba dive, snowboard, and go on a safari or other adventures, all from their hospital bed. The 360 degree immersions into virtual environments were extremely well received by PICU patients and their parents, according to results from a pilot study from Ann & Robert H. Lurie Children's Hospital of Chicago that were published in *Pediatric Critical Care Medicine*. All 32 study participants, ages 3-17 years, reported that they enjoyed using virtual reality. All of their parents agreed, with over 80% reporting that virtual reality experience calmed their child.

"We conducted this study to make sure that it is feasible to introduce virtual reality into a pediatric intensive care setting and that kids respond well to it," says senior author Marcelo Malakooti, MD, from Lurie Children's who also is Assistant Professor of Pediatrics-Critical Care at Northwestern University Feinberg School of Medicine. "We are now introducing virtual reality more broadly to critically ill children on the unit who are often alert, but stuck in bed just passively watching TV. Such minimal engagement with their environment over prolonged hospitalization can lead to delirium or other cognitive and emotional impairments. We hope that the stimulation and interaction that virtual reality offers will mitigate that risk and improve outcomes for these children."

Based on the positive results of the pilot study, Dr. Malakooti, lead author Colleen Badke, MD, and colleagues at Lurie Children's are now conducting a larger study to examine how virtual reality use in the PICU impacts pain, anxiety and physical factors like blood pressure and heart rate variation, among others.

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### **INFOBIONIC'S REVOLUTIONARY MOME KARDIA EARNS TOP TECHNOLOGY LEADERSHIP AWARD FROM FROST & SULLIVAN**

**Mome® Kardia's Innovative and Disruptive Cardiac Monitoring Technology Means Better Outcomes for Patients and Doctors**

Boston-based InfoBionic, developer of the MoMe® Kardia remote cardiac monitor and software, won this year's Technology Leadership Award from Frost & Sullivan. The award is presented to the technology firm that best embodies commitment to innovation and creativity, serves as an incubator and developer of new technology, and demonstrates a track record of commercial success<sup>1</sup>.

InfoBionic's MoMe® Kardia, is the only full-disclosure remote monitor currently on the market that allows doctors immediate and 24/7 access to cardiac data on demand. It captures a clinical-grade electrocardiogram (ECG) and provides true continuous cardiac monitoring in near real time, which the doctor can access on their tablet, smartphone, or on any Internet-connected computer in the world.

"We're grateful and honored to have received this year's Technology Leadership Award," said Stuart Long, CEO of InfoBionic. "We're very excited to be helping transform the cardiac monitoring industry, and look forward to helping

providers implement this potentially life-saving technology into their own work flows."

Each year, Frost & Sullivan presents Best Practices Awards to companies that are expected to encourage significant growth in their industries, have identified emerging trends before they became the marketplace standard, and have created advanced technologies that will catalyze and transform industries in the near future. This year's awards were presented at the Hyatt Regency in La Jolla, California.

## ARRHYTHMIA

MoMe® Kardia is designed to help doctors detect and diagnose cardiac arrhythmia, which is characterized by irregular electrical activity in the heart that causes it to beat too rapidly, too slowly, or erratically.

## BENEFITS OF THE MOME® KARDIA

InfoBionic's innovations in data analytics, in artificial intelligence, and in secure, HIPAA-compliant telecommunications enabled it to bring a device to market that is poised to transform the entire cardiac monitoring industry. MoMe® Kardia's documented benefits include:

- The physician has access to all data at any given point of time. Full data disclosure sets MoMe® Kardia apart from market competition because all other devices only share event triggers with the patient. Full data has to be requested, and even then it may take time to receive. By giving physicians complete access to patients' health data, InfoBionic empowers them with true 24/7 monitoring and faster intervention.
- It has vast improvements in data retention. In the past, 95% to 99% of cardiac data is lost in transmission. Independent diagnostic and testing facilities servicing monitors may send a 20 or 30 second tape of a detected arrhythmia. However, doctors too



## Interventional Pediatric Cardiologist

The Department of Pediatrics at the University of North Carolina School of Medicine is seeking an open rank, fixed term, clinical faculty position for the Division of Pediatric Cardiology. We are seeking a faculty member to join our Division to augment our team of interventional cardiologists in the expansion of subspecialty services. The successful candidate will have completed a 4th year of subspecialty training in interventional cardiology or have substantial experience as an independent operator and be board certified / eligible in Pediatric Cardiology. The North Carolina Children's Heart Center has a state of the art catheterization suite after a recent upgrade and renovation in 2018. Our team of interventional cardiologists have the expertise and technology to perform all interventions including transcatheter heart valve implantation. The successful candidate will join a dynamic faculty which care for the fetus through adulthood along the continuum of comprehensive care. The candidate will be expected to contribute to inpatient and peri-operative pediatric cardiology service as well as outpatient medicine in satellite locations. An early career leadership role in the pediatric cardiac catheterization laboratory is possible. Clinical research and quality improvement interests will be encouraged and the faculty member will participate in the education of medical students and house staff.

For consideration, apply online at <https://unc.peopleadmin.com/postings/172324> with CV and cover letter to:

### Timothy M. Hoffman, MD

Division Chief, Pediatric Cardiology

[tmhoff@email.unc.edu](mailto:tmhoff@email.unc.edu)

UNC Children's 101 Manning Drive, CB # 7232

Chapel Hill, NC 27599-7232

## Pediatric Cardiac ICU Director

The Department of Pediatrics at The University of North Carolina at Chapel Hill (UNC)/ North Carolina Children's Hospital is seeking an individual for a fixed term faculty position in the Division of Critical Care Medicine. We expect this individual to assume the role of Pediatric Cardiac ICU Director and play a substantial role as a liaison between the PICU, NICU, Pediatric Cardiology, and Pediatric Cardiothoracic Surgery.

The North Carolina Children's Hospital is part of a busy quaternary care medical center with a 20-bed multidisciplinary PICU that admits over 1200 patients per year and supports an active pediatric cardiothoracic surgery program as well as pediatric ECMO, burn, trauma, solid organ and bone marrow transplantation programs. The Critical Care Medicine division maintains a fully-accredited pediatric critical care medicine fellowship program.

UNC offers ready access to collaborators in other clinical and basic science departments, global and public health, public policy and other expertise across campus. UNC is a National Institutes of Health (NIH) Clinical and Translational Science Award (CTSA) funded institution that offers support for clinical and translational researchers at all levels. This support includes seed funding, regulatory assistance, data management, drug/device development and grant preparation among other things.

For consideration, apply online at <http://unc.peopleadmin.com/postings/154774> with CV and cover letter to:

### Benny L. Joyner, MD

Division Chief, Pediatric Critical Care Medicine UNC Children's

[benny@unc.edu](mailto:benny@unc.edu)

101 Manning Drive, CB # 7221

Chapel Hill, NC 27599-7221

As a top-tier academic medical center, UNC Children's upholds a four-tiered mission to "CARE," aligning clinical care, advocacy, research, and education to deliver world-class family-centered care. The North Carolina Children's Hospital is the clinical home of UNC Children's which has 150 inpatient beds including: 64-bed inpatient unit, 58-bed Newborn Critical Care Center and 20-bed Pediatric Intensive Care Unit which also houses the Pediatric Cardiac Intensive Care Unit with dedicated faculty and staff. Our multidisciplinary experts work in satellite clinics across the state and deliver state of the art tertiary care at UNC Children's.

*The University of North Carolina at Chapel Hill is an equal opportunity and affirmative action employer. All qualified applicants will receive consideration for employment without regard to age, color, disability, gender, gender expression, gender identity, genetic information, national origin, race, religion, sex, sexual orientation, or status as a protected veteran.*

often missed critical onset and offset data in the minutes prior to the cardiac event—this data is vital to diagnosis.

- The time-to-diagnosis cycle is improved, and in some cases by days. Doctors do not have to get bogged down in faxes, emails, and phone calls from third-party monitoring services vendors. They can easily access the digital ECG tape itself, and scroll forward and backward to any part of the day to verify arrhythmia data and view onset and offset information.
- The physician can conveniently gain access to monitoring data any time of the day and can remotely switch between testing modes (MCT, Holter, or Event) as needed. The system's remote transition capability eliminates the need for patients to visit a hospital and the physician can decide the treatment based on the arrhythmia detection relevance. This effectively replicates the practice of in-hospital monitoring, making patients unencumbered while they are studied in their natural state of activity.
- Doctors using the MoMe® Kardia can bill globally for both clinical and technical services.

## NO PATIENT SELF DIAGNOSIS REQUIRED

Among the most important innovations: The MoMe® Kardia provides a continuous data feed for up to 30 days, and it does not rely on a patient clicking a button to indicate they are feeling symptoms. This is a significant improvement over legacy technology because, with this, patients either have to manually activate monitors after they begin experiencing symptoms or they just do not activate the monitor when there is an arrhythmia they do not feel. This causes doctors to miss important onset data and makes it much more difficult to assess and treat arrhythmia properly. The MoMe® Kardia's continuous feed, coupled with on-demand 24/7 access to every heartbeat, makes it much easier for physicians to capture critical data, analyze it, diagnose it, and initiate treatment.

## CLINICAL IMPACT

Michael Mazzini, MD, a cardiologist who uses the MoMe® Kardia in his own practice, describes his experiences:

"Last week I put Mobile Cardiac Telemetry (MCT) on a patient on a Friday. It picked up 10 to 14 second asystolic events the following morning, and I was able to get a pacemaker in him that morning," relates Dr. Mazzini. "No hospital telemetry stay, no emergency department visit, no unnecessary workups, no delay in diagnosis... Less than 24 hours from MCT hookup to definitive treatment. That's tremendous value to patients, clinicians, hospitals, and payers," he said.

"Patients and physicians are now equipped with greater control over heart monitoring for improved outcomes," said Frost & Sullivan in a release announcing the award decision<sup>2</sup>.

## SOURCES

1. Frost & Sullivan, Frost & Sullivan Recognizes Industry Leaders at Excellence in Best Practices Awards Ceremony. March 28, 2019, Web.
2. Frost & Sullivan, Technology Leadership Award – The Remote Cardiac Monitoring Industry, North America. 2018.

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## NEW GUIDELINE PUBLISHED FOR EVALUATION OF VALVULAR REGURGITATION AFTER CATHETER-BASED VALVE INTERVENTIONS

Valvular regurgitation is a prevalent cardiac disorder, in which one or more of the heart's valves "leak," often leading to extra burdens on the heart muscle and requiring treatment. Catheter-based interventions to treat Valvular Heart Disease (VHD) have increased over the past few years with the advent of Transcatheter Aortic Valve Replacement (TAVR), edge-to-edge mitral valve repair, and other investigative devices to repair or replace diseased valves. Guidelines to assess the results of these interventions

are lacking, but a new document supplements the previously published guideline *Recommendations for Evaluation of Prosthetic Valves with Echocardiography and Doppler Ultrasound*.

[www.asecho.org/wp-content/uploads/2014/05/2009\\_Evaluation-of-Prosthetic-Valves.pdf](http://www.asecho.org/wp-content/uploads/2014/05/2009_Evaluation-of-Prosthetic-Valves.pdf)

Guidelines for the *Evaluation of Valvular Regurgitation After Percutaneous Valve Repair or Replacement: A Report from the American Society of Echocardiography (ASE) developed in collaboration with the Society for Cardiovascular Angiography and Interventions, Japanese Society of Echocardiography, and Society for Cardiovascular Magnetic Resonance*, provides a resource to guide clinicians in best practices for approaching valvular regurgitation after repair or replacement of a valve.

[www.asecho.org/wp-content/uploads/2019/04/Percutaneous-VR\\_2019.pdf](http://www.asecho.org/wp-content/uploads/2019/04/Percutaneous-VR_2019.pdf)

ASE's Chair of the writing group, William A. Zoghbi, MD, MACC, FASE, of Houston Methodist DeBakey Heart & Vascular Center in Houston, Texas, commented, "This new guideline is timely, as cardiologists and Valvular Heart Disease specialists need consensus on how to evaluate results of catheter-based valve repair or replacement — novel approaches that help many patients with valve disease." Echocardiography is essential in the evaluation of valvular regurgitation after percutaneous interventions and is the first-line tool for evaluation of procedural results. Its assessment, however, is more difficult than in native valvular regurgitation because of the multitude of procedures and hardware involved. This highlights the need for an integrative approach of all information gleaned from various parameters.

The document outlines, in detail, the technical considerations and imaging techniques, as well as the value that 3D echocardiography and cardiac magnetic resonance imaging can add to the diagnostic process. It delves into specific issues with each type of regurgitation,



## General Pediatric Cardiologist

The Heart Center at Nationwide Children's Hospital in conjunction with The Ohio State University Department of Pediatrics in Columbus, Ohio seeks an academic general pediatric cardiologist to join our team. Clinical responsibilities include general outpatient cardiology, participation on our in-patient cardiology consultation service, and general cardiology night call. Other clinical interests may be explored.

The Heart Center is a dedicated hospital service-line that carries the mission of providing state-of-the-art, cost-effective care to our patients with congenital and acquired heart disease regardless of age. The Heart Center has >18,000 out-patient encounters per year including multiple specialty clinics (e.g. Fontan, muscular dystrophy, preventive care, cardiogenetic). The in-patient medical discharges are 1300/yr including ~400 annual surgeries. The Heart Center has 37 cardiologists and four cardiothoracic surgeons, a dedicated 20-bed CTICU and 24-bed cardiac stepdown unit, and a dedicated administration team. Excellent services in cardiac intensive and stepdown care, catheterization and intervention, non-invasive imaging, electrophysiology, heart failure and heart/heart-lung/lung transplantation are on-site. The Heart Center has a robust adult congenital heart service. The LAUNCH program is a clinical service focused on the care of patients with single ventricle. The population served includes the regional population, a large number of referred cases for advanced intervention and surgery, an extensive state-wide outpatient network (pediatric and adult congenital) and patients managed with regional partners including the newly formed Congenital Heart Collaborative. Our program is integrated with the Center for Cardiovascular Research. Nationwide Children's Hospital is a 464 bed stand-alone children's hospital and is the pediatric teaching facility for The Ohio State University School of Medicine. Columbus is the state capital and the 14th most populous city in the US (metropolitan population just over 2 million). It is a diverse community with excellent schools, a thriving economy, and a vibrant arts/food scene.

Candidates are encouraged to submit their curriculum vitae by email to:

### Robert Gajarski, MD

Cardiology Section Chief

[RobertGajarski@nationwidechildrens.org](mailto:RobertGajarski@nationwidechildrens.org)

### Catherine Krawczeski, MD

Cardiology Division Chief

[Catherine.Krawczeski@nationwidechildrens.org](mailto:Catherine.Krawczeski@nationwidechildrens.org)

*The Ohio State University is an Equal Opportunity, Affirmative Action Employer. Women, minorities, veterans, and individuals with disabilities are encouraged to apply.*



## Pediatric Cardiologist Faculty Positions

University of Rochester School of Medicine & Dentistry  
Golisano Children's Hospital at Strong  
Department of Pediatrics, Division of Pediatric Cardiology  
Rochester, New York

### Pediatric Cardiology Electrophysiologist

The Division of Pediatric Cardiology at the University of Rochester Medical Center and the Golisano Children's Hospital at Strong is seeking a second board certified pediatric cardiologist at the associate professor level with advanced training in cardiac electrophysiology. The candidate will also share inpatient consultative service as well as outpatient clinic responsibilities with other members of the division. In addition, the candidate will participate in the teaching of medical students, residents and fellows from our ACGME accredited pediatric cardiology fellowship program.

### Pediatric Cardiologist with Advanced Imaging

The Children's Heart Center at the University of Rochester Medical Center and the Golisano Children's Hospital at Strong provides comprehensive cardiac services to children in the Upstate and Western New York region. Our congenital cardiac surgical program is the second largest in the State of New York and we have a dedicated 16 bed cardiac intensive care unit. We have a dedicated pediatric cardiac catheterization/electrophysiology laboratory equipped with state of the art biplane fluoroscopy and 3D electroanatomic mapping capability. We perform around 200 cardiac catheterizations a year as well as 85 diagnostic and interventional electrophysiology procedures including SVT/WPW ablation, VT ablation, transvenous device and S-ICD implants.

Located on the southern shore of Lake Ontario in Western New York, Rochester has the charm, hospitality and affordability of a small town but yet offers the diversity, culture, nightlife and entertainment of a much larger city.

Interested applicants should submit electronically a letter, CV and list of references to:

[Nader\\_Atallah@urmc.rochester.edu](mailto:Nader_Atallah@urmc.rochester.edu)

namely mitral regurgitation (MR), aortic regurgitation (AR), tricuspid regurgitation (TR), and pulmonary regurgitation (PR). The document includes nine useful tables summarizing techniques and advantages of each modality, as well as 23 figures to illustrate various concepts.

In conjunction with the publication of this guideline, Dr. Zoghbi conducted a live webinar. All ASE-hosted guideline webinars are available at: <https://aseuniversity.org/ase/>.

The full guideline document is available on the *Journal of American Society of Echocardiography (JASE)* website: [www.onlinejase.com/](http://www.onlinejase.com/). This document and all ASE Guideline documents are also available to the medical community at [www.asecho.org/guidelines-search/](http://www.asecho.org/guidelines-search/).

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## HEART FAILURE DEATHS RISING IN YOUNGER ADULTS

### Black Men Under 65 Have Biggest Increase in Premature Heart Failure Deaths

#### NORTHWESTERN UNIVERSITY

- 6 million adults in US have heart failure
- Rise is likely due to obesity and diabetes epidemics
- Life expectancy in US is dropping, possibly due to heart failure rise
- Heart failure is number one reason adults are admitted to hospital

Death rates due to heart failure are now increasing, and this increase is most prominent among younger adults under 65, considered premature death, reports a new Northwestern Medicine study.

The increase in premature death from heart failure was highest among black men under age 65.

This study is showing for the first time that death rates due to heart failure have been increasing since 2012. The rise in deaths comes despite significant advances in medical and surgical treatments for heart failure in the past decade.

The study was published in the *Journal of the American College of Cardiology* in May.

"The success of the last three decades in improving heart failure death rates is now being reversed, and it is likely due to the obesity and diabetes epidemics," said Dr. Sadiya Khan, assistant Professor of Medicine at Northwestern University Feinberg School of Medicine and a Northwestern Medicine cardiologist. "We focused on patients with heart failure because they have the highest mortality related to cardiovascular death. They have a prognosis similar to metastatic lung cancer."

"An estimated six million adults in the US have heart failure. It's the number one reason older adults are admitted to the hospital," Khan said.

"Given the aging population and the obesity and diabetes epidemics, which are major risk factors for heart failure, it is likely that this trend will continue to worsen," she said.

Recent data that show the average life expectancy in the US also is declining, which compounds Khan's concern that cardiovascular death related to heart failure may be a significant contributor to this change.

The study used data from the *Centers for Disease Control and Prevention's Wide-Ranging Online Data for Epidemiologic Research* data, which includes the underlying and contributing cause of death from all death certificates in the US between 1999 to 2017 for 47,728,569 individuals. Researchers analyzed the age-adjusted mortality rate for black and white adults between the age of 35 to 84 years who died from heart failure.

Simply put, heart failure is when the heart muscle doesn't function properly in its squeezing or relaxing functions. It causes symptoms like shortness of breath and swelling. When the heart can't adequately squeeze to pump blood, it's called heart failure with reduced ejection fraction; when the heart can't relax it's called heart failure with preserved ejection fraction.

"To combat this disturbing trend, we need to focus on improving the control of risk factors, including blood pressure, cholesterol and diabetes," Khan said. "Healthy lifestyle changes promoting a normal body mass index also can protect from developing heart failure as well as engaging in regular physical activity and consuming a healthy, well-balanced diet."

In future research, Khan said she wants to better understand what causes the disparities in cardiovascular death related to heart failure.

**CHIP NETWORK**  
CONGENITAL HEART INTERNATIONAL PROFESSIONALS

The congenital heart professionals network exists to facilitate communications between congenital heart professionals locally, regionally, and globally.

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## Pediatric Cardiology Faculty

The Department of Pediatrics of Wake Forest School of Medicine is recruiting a full time non-invasive Pediatric Cardiologist with sub-specialty training in congenital MRI to join the team within the division of Pediatric Cardiology. Primary clinical responsibilities will occur at Wake Forest Baptist Health- Brenner Children's Hospital in Winston-Salem, NC.

Primary responsibilities include directing & interpreting congenital MRIs, performing & interpreting Transesophageal Echocardiograms, staffing the ECHO lab, and performing Pediatric Fetal Cardiology clinics. Additionally, there will be some degree of inpatient and outpatient duties. The applicant must be board certified or board eligible in Pediatric Cardiology. All academic ranks will be considered.

The position entails an academic appointment in the Department of Pediatrics, Section on Cardiology with potential for time at Wake Forest School of Medicine in Winston-Salem, NC for research and teaching.

Wake Forest School of Medicine is the medical education and research component of Wake Forest Baptist Medical Center, a fully integrated academic medical center anchored by an 885-bed tertiary care hospital, community hospitals, affiliated partners and the 160-bed Brenner Children's Hospital. Both Wake Forest Baptist Medical Center and Brenner Children's Hospital have been nationally ranked by U.S. News & World Report.

When you join our team, you come to a region with much to offer. Winston-Salem, NC is located in the beautiful north central part of the state and offers affordable living, excellent culture, restaurants, theater, superb climate for outdoor activities, and a wonderful place to live and practice medicine. We are just a few hours away from the pristine North Carolina beaches and an hour from the beautiful Blue Ridge Mountains.

Wake Forest School of Medicine and Wake Forest Baptist Medical Center are an Affirmative Action and Equal Opportunity Employer with a strong commitment to achieving diversity among its faculty and staff.

Interested candidates who meet the qualifications are invited to apply online at:  
<http://www.wakehealth.edu/HR/Faculty/Current-Opportunities.htm> (key in Job ID 37113).

For questions, please contact:

**Lindsay Teague**

Talent Acquisition

336.716.8393

[Lindsay.Teague@wakehealth.edu](mailto:Lindsay.Teague@wakehealth.edu)

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- This position works a flexible schedule based on rounds, conferences, clinical research, and special assignments in collaboration with a physician.

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- Completion of an accredited graduate-level Advanced Practice Provider (APRN or PA) program.
- Licensed as an Advanced Practice Provider (Physician Assistant or Family Nurse Practitioner) in the state of North Carolina – Prior experience with a Congenital Heart Program.
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For questions, please contact:

**Natasha McLeod**

Recruitment Team Lead

[Natasha.Mcleod@unchealth.unc.edu](mailto:Natasha.Mcleod@unchealth.unc.edu)

# MEETING CALENDAR

## FEBRUARY

7

### SUDDEN CARDIAC DEATH IN THE YOUNG IN OHIO: THE POSTMORTEM INVESTIGATION

Akron, OH, USA

[asuncire@akronchildrens.org](mailto:asuncire@akronchildrens.org)

12-16

### CARDIOLOGY 2020

Lake Buena Vista, FL, USA

<https://chop.cloud-cme.com/default.aspx?P=5&EID=928>

20-21

### CTO SUMMIT 2020

New York, NY, USA

<https://www.tctmd.com/node/29798>

## MARCH

25-28

### PICS-AICS ISTANBUL

Istanbul, Turkey

<http://picsistanbul.com/>

28-30

### ACC.20

Chicago, IL, USA

<https://accscientificsession.acc.org/Information-Pages/future-meetings>

## **MOUNT SINAI DISCOVERS PLACENTAL STEM CELLS THAT CAN REGENERATE HEART AFTER HEART ATTACK**

Researchers at the Icahn School of Medicine at Mount Sinai have demonstrated that stem cells derived from the placenta known as Cdx2 cells can regenerate healthy heart cells after heart attacks in animal models. The findings, published in the May 20 issue of *Proceedings of the National Academy of Sciences (PNAS)*, may represent a novel treatment for regenerating the heart and other organs.

"Cdx2 cells have historically been thought to only generate the placenta in early embryonic development, but never before were shown to have the ability to regenerate other organs, which is why this is so exciting. These findings may also pave the way to regenerative therapy of other organs besides the heart," said principal investigator Hina Chaudhry, MD, Director of Cardiovascular Regenerative Medicine at the Icahn School of Medicine at Mount Sinai. "They almost seem like a super-charged population of stem cells in that they can target the site of an injury and travel directly to the injury through the circulatory system and are able to avoid rejection by the host immune system."

This team of Mount Sinai researchers had previously discovered that a mixed population of mouse placental stem cells can help the hearts of pregnant female mice recover after an injury that could otherwise lead to heart failure. In that study, they showed that the placental stem cells migrated to the mother's heart and directly to the site of the heart injury. The stem cells then programmed themselves as beating heart cells to help the repair process.

The new study was aimed at determining what type of stem cells made the heart cells regenerate. The investigators started by looking at Cdx2 cells, the most prevalent stem cell type in the previously identified mixed population and found them to comprise the highest percentage (40%) of those assisting the heart from the placenta.

To test the Cdx2 cells' regenerative properties, the researchers induced heart attacks in three groups of male mice. One group received Cdx2 stem cell treatments derived from end-gestation mouse placentas, one group received placenta cells that did not express Cdx2, and the third group received a saline control. The team used magnetic resonance imaging to analyze all mice immediately after the heart attacks, and three months after induction with cells or saline. They found that every mouse

in the group with Cdx2 stem cell treatments had significant improvement and regeneration of healthy tissue in the heart. By three months, the stem cells had migrated directly to the heart injury and formed new blood vessels and new cardiomyocytes (beating heart muscle cells). The mice injected with saline and the non-Cdx2 placenta cells went into heart failure and their hearts had no evidence of regeneration.

Researchers noted two other properties of the Cdx2 cells: they have all the proteins of embryonic stem cells, which are known to generate all organs of the body, but also additional proteins, giving them the ability to travel directly to the injury site, which is something embryonic stem cells cannot do, and they appear to avoid the host immune response. The immune system did not reject these cells when administered from the placenta to another animal.

"These properties are critical to the development of a human stem cell treatment strategy, which we have embarked on, as this could be a promising therapy in humans. We have been able to isolate Cdx2 cells from term human placentas also; therefore, we are now hopeful that we can design a better human stem cell treatment for the heart than we have seen in the past," explained Dr. Chaudhry. "Past strategies tested in humans were not based on stem cell types that were actually shown to form heart cells and use of embryonic stem cells for this goal is associated with ethics and feasibility concerns. Placentas are routinely discarded around the world and thus almost a limitless source."

"These results were very surprising to us, as no other cell type tested in clinical trials of human heart disease were ever shown to become beating heart cells in petri dishes, but these did and they knew exactly where to go when we injected them into the circulation," said first author Sangeetha Vadakke-Madathil, PhD, postdoctoral fellow in Medicine (Cardiology) at the Icahn School of Medicine at Mount Sinai.

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## **NOVEL TECHNIQUE REDUCES OBSTRUCTION RISK IN HEART VALVE REPLACEMENT**

### **The Transcatheter Approach Increases Treatment Options for High-Risk Patients**

Researchers at the National Heart, Lung, and Blood Institute (NHLBI), part of the National Institutes of Health, have developed a novel technique that prevents the obstruction of

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# PennState Health

## Children's Hospital

### Pediatric Invasive/Interventional Cardiologist

The Penn State Health Children's Hospital, is offering an exciting physician opportunity for a **Pediatric Invasive/Interventional Cardiologist** at our Hershey campus.

#### What We're Offering:

- Rank will be commensurate with experience.
- You will be joining a group of 2 pediatric cardiothoracic surgeons dedicated full time to pediatric and adult congenital heart disease, 13 pediatric cardiologists, 7 physician assistants, and 3 pediatric cardiology fellows.
- Penn State Children's Hospital is the only tertiary care academic center physically located and performing complex cardiac surgery and interventional cardiac procedures in Central Pennsylvania
- Our Pediatric Cardiovascular surgery/Invasive Cardiology Program is nationally ranked, and has among the best outcomes as well as lowest morbidity and mortality in the country.
- The Interventional Catheterization lab performs balloon valvuloplasty, stent placement, device closures, and valve replacements in neonates, infants and children with congenital heart defects.
- Invasive Cardiology Service—you will be 1 of 2 invasive cardiologists, responsible for diagnostic and interventional catheterization procedures on pediatric patients, and adults with complex congenital heart disease
- Shared responsibility for night and weekend Invasive Cardiology call (for emergency heart catheterizations)
- Shared responsibility for pediatric cardiology night and weekend call.
- Shared responsibility for the pediatric cardiology ward service.
- Shared responsibility for local and outreach out-patient pediatric cardiology and invasive/interventional cardiology clinics.
- Participation in pediatric cardiology fellow, pediatric resident and medical student education.
- Maintain and pursue academic or clinical research in a quality program with a national reputation for teaching, research and state of the art patient care.
- Interact with dynamic clinicians and an outstanding array of cutting edge researchers at both University Park and Hershey campuses.
- Competitive salary, generous benefits and the ability to become part of the collegial faculty of Penn State Health Pediatrics.

#### What We're Seeking:

- Must be BC/BE in Pediatrics, and Pediatric Cardiology
- Post-fellowship training and/or experience in Invasive/Interventional Cardiology.
- History of outstanding patient care
- History of professional behavior and collegiality with physicians and staff
- A strong or growing track record of scholarship, and a deep commitment to academic medicine and excellence in education.

#### Area Highlights Include:

Hershey Pennsylvania is a suburban community of 20,000 in a metropolitan area of 400,000 in one of the fastest growing regions in the state. Penn State Children's Hospital at the Hershey Medical Center is completing a major expansion. It is located twelve miles from Harrisburg, the state capital, and is one of the largest employers in the Commonwealth of Pennsylvania. While Hershey boasts a "small town" atmosphere, housing prices, and public/private education attractive to families. However, there is also convenient access to many large metropolitan cities (Harrisburg, Philadelphia, Pittsburgh, New York City, Washington D.C., Baltimore).

Interested applicants, please contact:

**Patty Shipton, FASPR**

**pshipton@pennstatehealth.psu.edu**

*The Penn State Health Milton S. Hershey Medical Center is committed to affirmative action, equal opportunity and the diversity of its workforce. EOE-AA-M/F/D/V. All individuals (including current employees) selected for a position will undergo a background check appropriate for the position's responsibilities.*

blood flow, a common fatal complication of transcatheter mitral valve replacement (TMVR). The new method, called LAMPOON, may increase treatment options for high-risk patients previously ineligible for heart valve procedures. The *Journal of the American College of Cardiology* published the findings online in May.

TMVR is used to treat mitral valve stenosis, a narrowing of the valve that restricts blood flow into the main pumping chamber of the heart. It also treats regurgitation, which occurs when the valve leaks and causes blood to flow back through the valve. Untreated, these conditions can cause pulmonary hypertension, heart enlargement, atrial fibrillation, blood clots, and heart failure.

For elderly or frail patients, TMVR offers a less invasive alternative to open heart surgery. During TMVR, doctors replace the mitral valve by delivering an artificial valve through a long, thin, flexible tube, called a catheter, through blood vessels and into the heart. But in more than 50% of patients, the heart's anatomy gets in the way. The heart leaflet is pushed back and blocks blood flow. This is known as left ventricular outflow tract (LVOT) obstruction, a common and the most life-threatening complication of TMVR.

"These patients have a failing mitral valve, are not able to undergo open heart surgery, and are now rejected as candidates for TMVR because of the very high risk of left ventricular outflow tract obstruction," said study author Jaffar M. Khan, MD, clinician at NHLBI.

To increase the availability of TMVR for this subset of patients, Khan and colleagues at NHLBI and Emory University developed a procedure that makes an intentional laceration of the anterior mitral leaflet to prevent left ventricular outflow tract obstruction, dubbed LAMPOON.

In the LAMPOON procedure, the operator inserts two catheters through the patient's groin, and then through the blood vessels until it reaches the heart. The doctor then uses an electrified wire the size of a sewing thread woven through the catheter to split

open the leaflet. At that point, the patient is ready to undergo TMVR.

"Surgeons cut out the leaflets when they replace valves. They can do it, because they have cut open the chest and the heart and can clearly see the problem. LAMPOON is designed for patients who need a new mitral valve, but can't, or may not want to undergo open heart surgery," said Khan.

According to the researchers, other preventive strategies have had largely suboptimal outcomes.

Between June 2017 and June 2018, the LAMPOON study enrolled 30 patients, median age 76, considered at high risk for surgical valve replacement and at prohibitive risk of LVOT obstruction during TMVR.

All patients survived the procedure and 93% reached the 30-day survival mark, which compares favorably to a 38% reported with other methods. The primary outcome of the study, which combined a successful LAMPOON, followed by a successful TMVR without re-intervention, was achieved in 73% of the patients.

The researchers hope the technique will eventually help reduce the number of deaths from heart valve disease. Every year, approximately five million people in the United States are diagnosed with heart valve disease, and more than 20,000 Americans die of the disease each year, according to the American Heart Association.

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## **WHAT IS KNOWN -- AND NOT KNOWN -- ABOUT HEART MUSCLE DISEASES IN CHILDREN**

Cardiomyopathies (heart muscle diseases) in children are the focus of a new scientific statement from the *American Heart Association* that provides insight into the diagnosis and treatment of the diseases as well as identifying future research priorities. It will be published in the *American Heart Association's* journal.

When a child has certain types of cardiomyopathy, their heart is not able to pump blood efficiently. Symptoms may include difficulty breathing, heart rhythm abnormalities, dizziness, swollen hands and feet or other indications.

Although rare, cardiomyopathies in children can be life threatening and often result in either a child needing a heart transplant or premature death. There are many causes of cardiomyopathies including genetic variations that affect basic heart functions, systemic diseases, such as infections, treatments for medical conditions that injure the heart and many others, some of which are not yet understood.

According to the statement:

- Nearly 40% of children who are diagnosed with cardiomyopathies that produce symptoms receive a heart transplant or die within the first two years after diagnosis.
- The percentage of children with cardiomyopathy who received a heart transplant has not declined over the past 10 years.
- Cardiomyopathy remains the leading cause of transplantation for children over one year of age.

"This statement is designed to give medical professionals an overview of what we currently know about cardiomyopathies in children. Although we are able to provide effective treatments in many cases, research is urgently needed to better understand the causes of the diseases so we can help children with cardiomyopathies live their best lives," said Steven E. Lipshultz, MD, the Chair of the Writing Group and the A. Conger Goodyear Professor and Chair of the Department of Pediatrics at the Jacobs School of Medicine and Biomedical Sciences at the University at Buffalo.

Dr. Lipshultz is also the Chair of the Medical Advisory Board of the *Children's Cardiomyopathy Foundation*, which partners with the *American Heart Association* on funding pediatric cardiomyopathy research grants.





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