Echocardiographic Diagnosis of Left Ventricular Pseudoaneurysm Presenting Two Months after Arterial Switch Operation - A Rare Complication

By Enas Shanshen, MD, FAAP; Joan Hoffman, MD; Chawki EL Zein, MD

Introduction

Left ventricular (LV) pseudoaneurysms form when myocardium rupture is contained by adherent pericardium or scar tissue. It is well described in the adult literature as an uncommon complication of acute myocardial infarction, occurring in about 0.1% of patients. It is more common in adults than children, most likely given the higher incidence of Coronary Artery Disease. There is a spectrum of clinical presentations from asymptomatic to congestive heart failure. LV pseudoaneurysm is very rare in the pediatric population. As such, the diagnosis is difficult without a high index of suspicion given the nonspecific symptoms and the ambiguous clinical presentation. The diagnosis is more frequently seen in the adult population described as a complication after trauma, infection and myocardial infarction. The natural history is unknown owing to scarcity in the medical literature, and likewise, LV pseudoaneurysms are rare in the pediatric population. Nonetheless, it is a potentially critical complication following pediatric cardiac surgery, particularly in infants because of immature myocardium that may be more prone to rupture.\(^1\) In pediatric patients, Trezzi et al described that it is seen as a complication after ventricular surgical repair of Ventricular Septal Defect (VSD).\(^2\) It was also described after infective endocarditis of the mitral valve.\(^3\) High clinical suspicion and urgent surgical management are crucial for improved outcome. We present a case of LV pseudoaneurysm that occurred in an infant with d-Transposition of the Great Vessels (D-TGA) two months after the arterial switch operation.

Clinical Case

The patient had a postnatal diagnosis of D-TGA and Wolff Parkinson White (WPW) and underwent an arterial switch operation at five days of age. During the procedure, a 7-French LV sump was inserted through the right superior pulmonary vein into the left atrium and across the mitral valve into the LV cavity to keep a dry field for surgical repair. Gentle suction was continuously applied to the sump by the roller pump of the cardiopulmonary bypass machine. The sump catheter was pulled out before weaning the heart off bypass. The intraoperative course was uncomplicated. The post-operative course was complicated by episodes of supraventricular tachycardia treated with antiarrhythmic medications. The patient was discharged home three weeks after surgery. The pre-discharge echocardiogram showed normal LV systolic function with no wall motion abnormality or pericardial effusion. At two months of age, the patient was admitted with history of poor feeding, respiratory distress and nasal congestion. On examination, the patient was afebrile with a heart rate of 162 beats per minute, respiratory rate of 45 breaths per minute, and blood pressure of 65/42 mmHg in the right lower extremity. Oxygen saturation was 97% on room air. He had normal pulses in the upper and lower extremities with no blood pressure differential. The precordium was hyper dynamic. Auscultation revealed normal first and second heart sounds with a third heart sound, and a grade 1/6 murmur at the left lower sternal border. The liver edge was just palpable below the costal margin. Breath sounds were normal and equal bilateral. The patient was on telemetry which showed significant ST depression that prompted performing electrocardiogram (ECG). The ECG showed ST depression and T wave inversion in the inferior and lateral leads that were not present after the initial surgical repair. Echocardiogram revealed a 10 x 15 mm cystic structure connected to the posterior-inferior LV cavity near the anterolateral papillary muscle with to and fro flow (Figures 1, 2, 3). As the LV systolic function was normal with no regional wall motion abnormality, coronary insufficiency was not suspected. Cardiac catheterization was not done because the anatomy of the pseudoaneurysm was clear enough by echocardiogram to guide the surgeon for management.

The patient underwent surgical repair on cardiopulmonary bypass. The LV pseudoaneurysm was well contained by an old organized thrombus reinforced by pericardial adhesions. There was no myocardial wall surrounding the pseudoaneurysm cavity. The fistulous communication was located at the...
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Gary Webb, MD
CHIP Network
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junction of the septum and the diaphragmatic wall of the left ventricle and well epithelialized. This was repaired using multiple interrupted 5-0 Prolene pledged sutures. The patient had an uneventful recovery. Echocardiogram showed near normal LV systolic function, and the patient was discharged home after 3 days.

Discussion

LV pseudoaneurysm has been reported following myocardial infarction in the adult population. To our knowledge, there have been no reported cases of LV pseudoaneurysms in pediatric patients after arterial switch operation.

It has been described following prosthetic mitral valve replacement and at the ventriculotomy site in per ventricular repairs. The proposed mechanism of LV pseudoaneurysm development following arterial switch operation is unclear. Arterial switch operation with coronary translocation has been the procedure of choice for correction of D-TGA for several decades now. The procedure has low mortality and morbidity rates as 90% of patients now reach adulthood. Post-surgical coronary artery thrombosis, embolism or spasm creating an infarcted area with subsequent LV wall weakening and pseudoaneurysm formation is a possibility. This was described as a complication of the coronary artery procedures in cases with intramural coronary artery course. Coronary lesions were detected in up to 5% of patients, at a mean interval of 33 ± 38 months (1 month - 10 years) after arterial switch operations. Myocardial ischemia was demonstrated involving territories of the left main coronary artery, the left anterior descending artery, and the right coronary artery. The patients presented with signs of coronary ischemia and myocardial infarction, but none of them developed LV pseudoaneurysm. Our patient developed post-operative SVT which might have been an enhancing factor that compromised coronary blood flow. However there were no clinical symptoms of myocardial ischemia throughout the hospital stay such as ventricular arrhythmia or Low Cardiac Output Syndrome. The location of the pseudoaneurysm in the thick posterior-inferior wall of the LV, as well as the proximity of the pseudoaneurysm from the diaphragm might have provided time for chronic formation as well as thrombus organization.

The etiology of the pseudoaneurysm was presumed to be chronic progressive weakening and ultimately rupture of the LV free wall secondary to the sump catheter pressing on the wall during the course of the initial surgical repair. The sump catheter likely caused pressure on the LV wall with progressive chronic thinning and ultimately...

Figure 1. Subcostal coronal view showing both right ventricle (RV), left ventricle (LV) and the well contained LV pseudoaneurysm (arrow) surrounded by the organized thrombus in the pericardial space (T).

Figure 2. Echocardiogram; subcostal coronal views showing right ventricle (RV), and left ventricle (LV) communication with the LV pseudoaneurysm (Pan) through a fistulous connection (arrow).
rupture of the myocardium with continuous contraction late after the patient was discharged home, and it was likely related to coincidental viral syndrome. ECG displayed ST segment depressions and T wave inversions which were concerning for the LV pathology. This prompted performing echocardiogram study. The echocardiography was diagnostic, and gave all the information needed before planning surgical repair. We did not pursue further imaging, as the echocardiogram clearly delineated the pathology. After LV pseudoaneurysm resection, the patient recovered and was discharged in three days with no complications.

To our knowledge, there have been no reported cases of LV pseudoaneurysms in pediatric patients after arterial switch operation or after any other cardiac surgery. This might be related to improper positioning of the LV sump during cardiopulmonary bypass, or coronary artery accident after the arterial switch operation. However, even though this was not previously reported, it can certainly be a preventable complication. Specific mortality data for this repair is unknown, but anticipated to be significant and comparable to "redo" operations in general.

**Conclusion**

Left ventricular pseudoaneurysm is a rare, but serious complication after cardiac surgery in infants. The etiology is often iatrogenic and suspected to be due to chronic LV wall thinning leading to eventual rupture due to myocardial ischemia. The initial insult can occur as a complication of surgeries that require coronary interventions, or may be secondary to myocardial blood supply compromise due to direct and prolonged pressure of the surgical equipment on the LV endocardium. Imaging via echocardiogram can provide valid information pertaining to diagnosis, as well as prognostic data required for appropriate management. Surgery is the mainstay of treatment. Pediatric cardiologists and congenital cardiac surgeons should be aware of this potential complication.

**References**

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The Medtronic Harmony™ Transcatheter Pulmonary Valve Clinical Study

This study is currently recruiting participants
Sponsor: Medtronic Cardiovascular
Information provided by (Responsible Party): Medtronic Cardiovascular
ClinicalTrials.gov Identifier: NCT02979587
First received: November 23, 2016
Last updated: April 28, 2017; Last verified: April 2017

Purpose: The purpose of this study is to evaluate the safety and effectiveness of the Harmony TPV system.

Condition:
- Congenital Heart Disease (CHD)
- Tetrology of Fallot (TOF)
- RVOT Anomaly
- Pulmonary Regurgitation

Intervention:
- Device: Harmony Transcatheter Pulmonary Valve
- Device: Harmony Delivery System

Study Type: Interventional
Study Design: Intervention Model: Single Group Assignment

Masking: No masking
Primary Purpose: Treatment

Further Study Details as Provided by Medtronic Cardiovascular:

Primary Outcome Measures:
- Freedom from procedure- or device-related mortality at 30 days. [Time Frame: 30 days]
- Percentage of subjects with acceptable hemodynamic function composite at 6 months. [Time Frame: 6 months] Defined as:
  - Mean RVOT gradient as measured by continuous-wave Doppler ≤40 mmHg –AND–
  - Pulmonary regurgitant fraction as measured by magnetic resonance imaging <20%

Secondary Outcome Measures:
- Technical success at exit from catheterization lab/operating room (OR) [Time Frame: At exit from catheterization lab/operating room (OR)]
- Device Success out to 5 years [Time Frame: 5 years]
- Procedural Success at 30 days [Time Frame: 30 days]
- Freedom from TPV Dysfunction out to 5 years [Time Frame: 5 years]
- Incidence of Treatment-Emergent Adverse Events (safety) [Time Frame: 5 years] All procedure-related serious adverse events. All device-related serious adverse events. Death (all-cause, procedural, and device-related)
- Characterization of quality of life scores over time as assessed by the SF-36 [Time Frame: 5 years]
- Characterization of right ventricle remodeling following TPV implant [Time Frame: 5 years]

Estimated Enrollment: 40
Study Start Date: January 2017
Estimated Study Completion Date: December 2023
Estimated Primary Completion Date: December 2018 (Final data collection date for primary outcome measure)

Arms:
- Harmony TPV
- Intervention Device: Harmony Transcatheter Pulmonary Valve

Assigned Interventions:
- Device: Harmony Transcatheter Pulmonary Valve
- Device: Harmony Delivery System

Ages Eligible for Study: Child, Adult, Senior
Sexes Eligible for Study: All
Accepts Healthy Volunteers: No

Inclusion Criteria:
- Subject has pulmonary regurgitation
- Subject has clinical indication for surgical placement of an RV-PA conduit or bioprosthetic pulmonary valve

Exclusion Criteria:
- Patients with Right Ventricular Outflow Tract Obstruction (RVOTO) lesions surgically treated with an RV-to-PA conduit implant
- RVOT anatomy or morphology that is unfavorable for device anchoring

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Recruiting

Sponsors and Collaborators: Medtronic Cardiovascular

Principal Investigator: John P Cheatham, MD, Nationwide Children's Hospital

Responsible Party: Medtronic Cardiovascular

ClinicalTrials.gov Identifier: NCT02979587

Other Study ID Numbers: Medtronic Harmony TPV Pivotal

Study First Received: November 23, 2016

Last Updated: April 28, 2017

Additional Relevant MeSH Terms:
- Heart Diseases
- Pulmonary Valve Insufficiency
- Respiratory Insufficiency
- Tetralogy of Fallot
- Cardiovascular Diseases
- Heart Valve Diseases
- Respiration Disorders
- Respiratory Tract Diseases
- Heart Defects, Congenital
- Cardiovascular Abnormalities
- Congenital Abnormalities

ClinicalTrials.gov processed this record on May 17, 2017

For more detailed information visit:

Archiving Working Group
International Society for Nomenclature of Paediatric and Congenital Heart Disease
ipccc-awg.net
EchoPixel, Inc. Appoints Bill Carrano as Vice President of Sales - Industry Veteran Brings Three Decades of Experience to Visionary Medical Software

Marketwired - EchoPixel, Inc. has pioneered True 3D, an interactive virtual reality software solution that assists healthcare professionals in detailed interpretation of medical images, both for diagnosis and surgical planning. On May 22nd, the company announced that business and marketing executive Bill Carrano will be joining the company as Vice President of Sales.

Mr. Carrano has more than 30 years of professional experience in the medical device industry and has been a driving force in the introduction of innovative technologies in the rapidly evolving area of medical imaging. Most recently, as the leader of Strategic Business Management of GE Healthcare, Mr. Carrano was responsible for developing strong collaborations with key opinion leaders to achieve rapid market adoption. In addition, he implemented strategies to significantly grow market share by leveraging National Health Systems and solutions based on rapidly changing customer workflow needs.

"My experience at GE Healthcare, Siemens, and Acuson have been invaluable in preparing me for this role," Carrano noted, "I'm thrilled to take on this new challenge and grow EchoPixel to its full potential to revolutionize medical imaging, clinical efficacy, and workflow."

In his new role as Vice President of Sales at EchoPixel, Mr. Carrano will be responsible for building and executing new business and marketing initiatives that will further advance the broad utilization of True 3D for intricate surgical planning and challenging diagnostic decisions, such as identification of colon lesions.

"Bill's addition to the company could not be coming at a more opportune time," stated Ron Schilling, EchoPixel CEO. "With our planned sales expansion and our increased clinical usage, we’re charging forward on our mission to change the way healthcare professionals communicate and operate, ultimately improving patient outcomes. Bill is crucial to that success."

In February, EchoPixel introduced True 3D Print Support, designed to enhance the efficacy and accuracy of 3D-printed medical models. The system is currently used at Stanford Medical Center for the planning of congenital heart surgery in newborns, at the University of California to conduct virtual colonoscopies, as well as at luminary sites such as the Cleveland Clinic. EchoPixel has FDA market clearances for its products, medical device licenses in Canada, and the CE Mark to market in the European Union.

EchoPixel is building a new world of patient care with its groundbreaking medical visualization software. The company's FDA-cleared True 3D Viewer uses existing medical image datasets to create virtual reality environments of patient-specific anatomy, allowing physicians to view and dissect images just as they would real, physical objects. The technology aims to make reading medical images more intuitive, help physicians reach diagnosis, and assist in surgical planning.

Bill Carrano, Vice President of Sales - EchoPixel

"The premise of this clinical trial is to boost or regenerate the right ventricle, the only ventricle in these babies, to make it pump as strongly as a normal left ventricle," says lead researcher Sunjay Kaushal, MD, PhD, Associate Professor of Surgery, University of Maryland School of Medicine and Director, Pediatric Cardiac Surgery, University of Maryland Medical Center. "We are hoping this therapy will be a game-changer for these patients."

This is the first HLHS research in the United States to use stem cells known as allogeneic mesenchymal stem cells (MSC). The allogeneic nature of the MSCs makes it possible for stem cells from one bone marrow donor to provide all the stem cells for this study. In adult patients, MSCs in the heart have been shown to reduce scar tissue, causing new small vessels to grow, and stimulate the heart to regenerate itself by improving ejection fraction by 7%, causing heart muscle cells and cardiac stem cells to grow.

This trial is intended to address the remaining obstacles to long-term cardiac function in HLHS patients. We propose that a stem cell-based therapy for these patients may prevent right heart failure, and therefore, improve survival outcomes and reduce the need for...
transplantation. The MSCs are directly injected into the right ventricular myocardium during the 2nd out of 3 standard operations (Glenn procedure/Bidirectional Cavopulmonary Anastomosis)—when the baby is about 4 months of age.

To date, our three enrolled patients are all showing early signs of safety and feasibility. This trial will be testing a total of 30 patients, and after proving that this stem cell therapy works in strengthening the heart function. If you would like more information and have a patient who might want to consider participation in this landmark trial, please contact Dr. Sunjay Kaushal at 410-328-5842 or by email: SKaushal@som.umaryland.edu.

Research Led by the Children’s Hospital of Michigan Provides New Insights into the Management and Clinical Outcomes for Children with Cardiomyopathy

Cardiomyopathy is a heart condition involving abnormalities of the muscle fibers, which contract with each heartbeat. According to the Pediatric Cardiomyopathy Registry, one in every 100,000 children in the U.S. under the age of 18 is diagnosed with cardiomyopathy. Dilated cardiomyopathy is the most common type of cardiomyopathy in infancy, childhood, and adolescence. Many children newly diagnosed with dilated cardiomyopathy and heart failure do not have a good long-term prognosis and may need a heart transplant or other medical interventions in order to survive.

Children’s Hospital of Michigan Pediatric Cardiologist Steven E. Lipshultz, MD, Senior Author and Principal Investigator of the study, explains that some children with dilated cardiomyopathy have other family members known to have dilated cardiomyopathy. This is called familial dilated cardiomyopathy, and is mostly due to a gene mutation or set of gene mutations found in family members.

Dr. Lipshultz says that children with familial dilated cardiomyopathy are generally diagnosed at a younger age than children, whose dilated cardiomyopathy is not thought to be familial, since they are more likely to be screened for heart problems at an earlier age due to known other family members affected with this condition. The children with familial dilated cardiomyopathy are more likely to receive a heart transplant or intervention, such as placement of a left Ventricular Assist Device (VAD) sooner due to earlier screening and therefore being identified as high risk.

"What this new study shows is that just because the children with familial dilated cardiomyopathy are more likely to receive a heart transplant, these heart transplants may not always be necessary since we found that these children may not die sooner or in greater numbers than children with dilated cardiomyopathy whose cause is not known to be familial. This is a critical finding since some of those children with familial dilated cardiomyopathy who received a transplant might have survived without having received a heart transplant," he says.

Dr. Lipshultz adds that the second breakthrough from this paper suggests many of the children with idiopathic dilated cardiomyopathy should have a more comprehensive assessment of whether they have a genetic cause of their dilated cardiomyopathy. The term “idiopathic” indicates that a cause for the child’s cardiomyopathy has not been identified. This is because some who are classified as idiopathic may be familial but have not been completely evaluated. This may make it a challenge for families who have a child with familial dilated cardiomyopathy since other family members who may be affected simply would not know.

“This paper suggests that genetic and echocardiographic screening of the families of all children with dilated cardiomyopathy is supported since their courses are so similar and the early identification of genetic associations or inheritance patterns may help for management, family counseling and treatment plans,” Dr. Lipshultz says.

LuAnne Thomas-Ewald, CEO of the Children’s Hospital of Michigan, stated: “At the Children’s Hospital of Michigan, life is transformed by scientific advancements to achieve a better future for our patients. With this research, we are not only changing how we most appropriately treat children with heart diseases at the Children’s Hospital of Michigan, but we are also changing the way the world thinks about this important issue.”

The National Heart, Lung, and Blood Institute of the NIH has funded this study as the Pediatric Cardiomyopathy Registry, which was founded by Dr. Lipshultz and his colleagues in 1990, has been funded by the NIH since 1994, and is based within the Children’s Hospital of Michigan and its Children’s Research Center of Michigan (CRCM). Steven Lipshultz, MD leads the Pediatric Cardiomyopathy Registry and is the Interim Director of the CRCM. James D. Wilkinson, MD, MPH, is the Associate Director of the CRCM, second author of this paper, and is the Director of the Administrative Coordinating Center of this study at the CRCM. The Children’s Cardiomyopathy Foundation has also funded this paper and study. This paper included centers who cared for these children with dilated cardiomyopathy and lists study authors of this publication who come from the University of Miami Miller School of Medicine, Miami, FL (Paolo Rusconi, MD, first author); Wayne State University School of Medicine and the Children’s Hospital of Michigan, Detroit, MI; New England Research Institutes, Watertown, MA; Genzyme Corporation, Boston, MA; Cincinnati Children’s Hospital Medical Center, Cincinnati, OH; Boston Children’s Hospital and Harvard Medical School, Boston, MA; Monroe Carell Jr. Children’s Hospital at Vanderbilt, Nashville, TN; Washington University, St. Louis, MO; Indiana University School of Medicine, Indianapolis; The Children’s Hospital at Montefiore, Bronx, NY; and Columbia University Medical Center, New York, NY.

For 130 years, the Children’s Hospital of Michigan has been dedicated to providing high quality care to children and adolescents in a caring, efficient and family-centered environment. With more than 40 pediatric medical and surgical specialty services, the hospital draws patients from nearly every Michigan County, 39 additional states, and 22 countries annually and provides the highest level of pediatric specialty care available for children. The hospital is a national leader in cardiology and heart surgery, neurology and neurosurgery, nephrology, and orthopedics. It is ranked as one of America’s best hospitals for children and sees more children than any hospital in the state. Children’s Hospital of Michigan is one of eight hospitals operated by the Detroit Medical Center (DMC). For more information: www.childrensmdc.org.

CITATIONS
Circulation: Heart Failure, Feb-2017; R01 HL53392, R01 HL111459, R01 HL109090
Patients from Age 15-to-90 Have Benefited from Robotic-Assisted Cardiac and Thoracic Surgery

Newswise – Surgeons on the medical staff at The Heart Hospital Baylor Plano* achieved a major milestone when they performed that hospital’s 1,000th robotic surgery March 31st, nearly six years after initiating the program in November 2011.

Robotic-assisted cardiac and thoracic surgery pairs a surgeon’s skills with advanced robotic technology. Surgeons use minimally invasive techniques, meaning large surgical incisions are not required. The technology translates the surgeon’s hand, wrist and finger movements into precise, real-time movements of surgical instruments inside the patient.

According to the maker of robotic-assisted technology used by The Heart Hospital Baylor Plano, the hospital’s cardiothoracic robotic program leads Texas in number of cardiothoracic robotic operations.** Cardiovascular and thoracic procedures that can be performed with the robotic surgical system include coronary artery bypass grafting, heart valve repair and all thoracic surgical procedures.

Fifteen-year-old Camden Thrailkill, a talented football and baseball player, benefitted from robotic surgery for mitral valve replacement at The Heart Hospital Baylor Plano last October. Traditionally, surgeons cut through the patient’s breastbone to access the mitral valve within the heart and the breastbone is wired together to heal. This approach would not have allowed Thrailkill to withstand direct hits to his chest during sporting events.

By choosing the robotic-assisted surgery, Camden only missed three weeks of school. He returned to a limited workout routine in November 2016 and successfully tried out for spring baseball at his high school.

“The surgeon has a lot more maneuverability with the robot compared to other minimally invasive techniques using long instruments that don’t have wrists,” said Robert L. Smith II, MD, a cardiovascular surgeon on the medical staff and cardiovascular surgical services vice chair at THHBP. “There are small instruments at the end of each wrist which provide a much greater degree of freedom when using sutures and other devices around the heart. It’s almost like having the surgeon’s hands in there.”

Kimble Jett, MD, Medical Director of Thoracic Surgery, notes how the robotic-assisted surgery can impact length of hospital stay positively. “If we take out a lobe of the lung robotically, most patients go home the next day,” Jett said. “By using the robotic-assisted surgical system, we can significantly reduce the trauma to the body that is associated with open chest cardiothoracic procedures. Having this technology allows surgeons to be less invasive, usually resulting in quicker patient recovery. It’s truly a win-win.”

Benefits to surgeons using the technology over traditional approaches may include greater surgical precision, increased range of motion, improved agility, enhanced visualization and improved access to the surgical site. The robotic-assisted surgery system integrates 3-D, high-definition (10 times magnification) endoscopy and four robotic arms that wield cameras and complex surgical equipment into the surgical field, all controlled from a nearby console by a trained surgeon on the medical staff at The Heart Hospital Baylor Plano.

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The Heart Hospital Baylor Plano (THHBP), joint ownership with physicians, is a physician-owned cardiovascular specialty hospital with the highest cardiac surgery volume in Texas and the DFW Metroplex***. Part of Baylor Scott & White Health, THHBP is nationally ranked in key surgical specialties based on volume: #4 in heart valve surgery* and #7 in heart surgery. Highly trained physicians on the medical staff and skilled clinicians, including a nationally recognized nursing staff, consistently deliver quality outcomes. In 2016, The Heart Hospital received a national ranking of 18th in the Nation in “Cardiology & Heart Surgery” by U.S. News & World Report, and was rated “High Performing” in five Adult Procedures/Conditions. Additionally, in 2014, THHBP became a member of a network affiliation with the Cleveland Clinic’s Sydell and Arnold Miller Family Heart and Vascular Institute. As part of this affiliation, the two hospitals share best practices, coordinate care and develop programs to improve quality and patient safety.

The hospital has been recognized more than a dozen times by Press Ganey® for outstanding patient satisfaction (Inpatient, Emergency Department), including receiving, in November 2016, the prestigious Pinnacle of Excellence Award® on the basis of extraordinary achievement for patient experience.

Baylor Scott & White Health formed from the 2013 merger between Baylor Health Care System and Scott & White Healthcare, the system referred to as Baylor Scott & White Health. It is the largest not-for-profit health care system in the state of Texas, with total assets of $10.8 billion*. The system now includes 48 hospitals, more than 1,000 access points, 5,500 active physicians, and 44,000 employees, plus the Scott & White Health Plan, Baylor Scott & White Research Institute and Baylor Scott & White Quality Alliance — a network of clinical providers and facilities focused on improving quality, managing the health of patient populations, and reducing the overall cost of care. For more information visit: bswhealth.com.

Based on audited 2016 fiscal year statements
*Joint ownership with physicians
Based on volume data provided by Intuitive Surgical
MedAssets Performance Management Solutions, Inc. (as successor in interest to The Reilly Group, LLC d/b/a TRG Health Care Solutions, LLC), a Delaware corporation

Mayo Clinic Researchers Demonstrate Value of Second Opinions

Newswise — Many patients come to Mayo Clinic for a second opinion or diagnosis confirmation before treatment for a complex condition. In a new study, Mayo Clinic reports that as many as 88% of those patients go home with a new or refined diagnosis — changing their care plan and potentially their lives. Conversely, only 12% receive confirmation that the original diagnosis was complete and correct.

Why Get a Second Opinion?

When people are sick, they look to their doctor to find solutions. However, physicians don’t always have the answers. Often, because of the unusual nature of the symptoms or complexity of the condition, the physician will recommend a second opinion. Other times, the patient will ask for one.

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This second opinion could lead to quicker access to lifesaving treatment or stopping unnecessary treatments. And a second opinion may reduce stress in a patient’s extended family, when they learn the new diagnosis does not carry dire genetic implications. These scenarios can result from diagnostic error.

**Odds Are Good the Diagnosis Will Be Adjusted**

To determine the extent of diagnostic error, the researchers examined the records of 286 patients referred from primary care providers to Mayo Clinic’s General Internal Medicine Division in Rochester over a two-year period (Jan. 1st, 2009 to Dec. 31st, 2010). This group of referrals was previously studied for a related topic. It consisted of all patients referred by nurse practitioners and physician assistants, along with an equal number of randomly selected physician referrals.

The team compared the referring diagnosis to the final diagnosis to determine the level of consistency between the two and, thus, the level of diagnostic error. In only 12% of the cases was the diagnosis confirmed.

In 21% of the cases, the diagnosis was completely changed; and 66% of patients received a refined or redefined diagnosis. There were no significant differences between provider types.

“Effective and efficient treatment depends on the right diagnosis,” says Dr. Naessens. “Knowing that more than 1 out of every 5 referral patients may be completely [and] incorrectly diagnosed is troubling — not only because of the safety risks for these patients prior to correct diagnosis, but also because of the patients we assume are not being referred at all.”

**Risks of Cost Containment**

To manage costs in a health care environment with ever-increasing costs, health insurers often limit access to care outside their network, effectively limiting referrals. Further, primary care providers may be more confident in their diagnostic expertise than warranted in a particular case, or patients may lack the knowledge or assertiveness to request a referral.

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