Patent Ductus Arteriosus (PDA) is a common neonatal problem, with rates of 40–55% in babies born less than 29 weeks’ gestation; but the relationship between the ductus arteriosus and acute physiological change that either acutely or chronically leads to organ damage and neonatal morbidity is unclear [1,2]. Put simply, is the PDA an “innocent bystander” or is it pathological to the extent that early detection and intervention is warranted to prevent neonatal morbidity? The traditional assumption that “patency” implies “problematic” is an oversimplification. Physiologically, it is plausible that a major systemic to pulmonary (left-to-right) shunt can lead to cardio-respiratory instability and morbidity in extremely low birth weight (ELBW) infants. The nature of the instability is secondary to pulmonary overcirculation / edema, which in turn may lead to reduced lung compliance and/or leakage of plasma proteins causing the need for increased ventilation (eg, chronic lung disease); and/or systemic hypoperfusion (eg, necrotising enterocolitis (NEC), acute renal impairment or low cardiac output state) [3]. The lack of evidence supporting causality [4,5] failure of medical treatment in some cases, and the inherent risks of medical [6,7] or surgical treatment options [8] has led some investigators to question whether intervention is necessary. The traditional definition of a PDA, which forms the basis of clinical trials conducted to date, does not take into account physiological variability or the magnitude of clinical effects attributable to a ducal shunt. This approach may account, in part, for the failure to demonstrate any beneficial effects of therapy. A more logical approach is to consider a hemodynamically significant ductus arteriosus (HSDA), a physiologic continuum with a heterogeneity of clinical influence dependant on the volume of the transductal shunt and the ability of the immature myocardium to adapt. Therefore, the assignment of a diagnosis of HSDA requires careful consideration of the degree of clinical compromise and the magnitude of the hemodynamic disturbance on functional echocardiography (FECO) evaluation.

In most centers, the attending physician will use clinical signs and transductal diameter alone to make a diagnosis of significant PDA. This definition is unacceptable, as it does not consider the magnitude of the transductal shunt or the degree of hemodynamic disturbance. A more comprehensive approach would be to combine clinical markers of illness severity with echo-derived markers of hemodynamic disturbance. We have previously proposed a “PDA staging” system that recognises the heterogeneity in clinical and echocardiography significance, similar in outline to the classifications used in NEC or hypoxic-ischaemic encephalopathy (HIE) [9]. This classification recognises that HSDA is a clinical continuum in which the spectrum of disease ranges from mild to severe depending on the magnitude of the ducal

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**Echocardiographic Markers of a Haemodynamically Significant Ductus Arterious**

By Avind Sehgal, MD and Patrick J. McNamara, MD

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shunt. The merits of a illness severity staging system has recently been demonstrated in HIE; where a beneficial effect from selective head cooling was only seen in neonates with moderate, but not severe HIE [10].

In this review, we discuss the value of echocardiography markers of ductal significance, which may facilitate determining the magnitude of the hemodynamic compromise. These markers include estimates of ductal size, left heart volume loading and systemic blood flow (Table 1).

![Image: Two dimensional (left panel) and color Doppler (right panel) images of a patent ductus arteriosus (PDA) with left-to-right flow (red jet).]

Table 1. Comparison of Echocardiographic Markers of HSDA where LVO = left ventricular output, SVC = superior vena cava, LVSTI = left ventricular stroke volume index, IVRT = isovolumic relaxation time, PWD = pulse wave Doppler, CWD = continuous wave Doppler, PA = pulmonary artery. (empty boxes implies data not available)

<table>
<thead>
<tr>
<th>Feature quantified</th>
<th>Modality / Position of sample gate</th>
<th>No PDA</th>
<th>Small</th>
<th>Moderate</th>
<th>Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transductal diameter (mm)</td>
<td>Two-dimensional, short axis view</td>
<td>0</td>
<td>&lt; 1.5</td>
<td>1.5-3</td>
<td>&gt; 3</td>
</tr>
<tr>
<td>Left atrial: aortic ratio</td>
<td>M-mode, long axis view</td>
<td>1.13 ± 0.23</td>
<td>&lt; 1.4:1</td>
<td>1.4 -1.6:1</td>
<td>&gt; 1.6:1</td>
</tr>
<tr>
<td>Left ventricular: aortic ratio</td>
<td>M-mode, long axis view</td>
<td>1.86 ± 0.29</td>
<td>-</td>
<td>2.15 ± 0.39</td>
<td>2.27 ± 0.37</td>
</tr>
<tr>
<td>Ductal velocity Vmax (cm/s)</td>
<td>PWD at pulmonary end of duct</td>
<td>0</td>
<td>&gt; 2</td>
<td>1.5-2</td>
<td>&lt; 1.5</td>
</tr>
<tr>
<td>Antegrade PA diastolic flow (cm/s)</td>
<td>PWD within main pulmonary artery</td>
<td>0</td>
<td>0-20</td>
<td>&gt; 20</td>
<td>-</td>
</tr>
<tr>
<td>Antegrade PA diastolic flow (cm/s)</td>
<td>PWD within left pulmonary artery</td>
<td>0</td>
<td>&gt;30</td>
<td>30-50</td>
<td>&gt; 50</td>
</tr>
<tr>
<td>Retrograde diastolic flow (cm/s)</td>
<td>CWD within descending Ao (% of forward flow)</td>
<td>10</td>
<td>&lt; 30</td>
<td>30-50</td>
<td>&gt; 50</td>
</tr>
<tr>
<td>Aortic stroke volume (ml/kg)</td>
<td>PWD of LV outflow tract</td>
<td>≤ 2.25</td>
<td>-</td>
<td>-</td>
<td>≥ 2.34</td>
</tr>
<tr>
<td>Left ventricular output (ml/kg/min)</td>
<td>PWD of LV outflow tract</td>
<td>190-310</td>
<td>-</td>
<td>-</td>
<td>&gt; 314</td>
</tr>
<tr>
<td>LVO / SVC flow ratio</td>
<td>PWD of flow in superior vena cava</td>
<td>2.4 ± 0.3</td>
<td>-</td>
<td>-</td>
<td>4.5 ± 0.6</td>
</tr>
<tr>
<td>LVSTI ratio</td>
<td>M-mode of aortic valve</td>
<td>0.34 ± 0.09</td>
<td>-</td>
<td>0.26 ± 0.03</td>
<td>0.24 ± 0.07</td>
</tr>
<tr>
<td>E wave / A wave ratio</td>
<td>Transmitral Doppler</td>
<td>&lt; 1</td>
<td>&lt; 1</td>
<td>1-1.5</td>
<td>&gt; 1.5</td>
</tr>
<tr>
<td>IVRT (ms)</td>
<td>Between mitral &amp; aortic valves</td>
<td>&gt; 55</td>
<td>46-54</td>
<td>36-45</td>
<td>&lt; 35</td>
</tr>
</tbody>
</table>

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“Patent ductus arteriosus (PDA) is a common neonatal problem, with rates of 40–55% in babies born less than 29 weeks’ gestation; but the relationship between the ductus arteriosus and acute physiological change that either acutely or chronically leads to organ damage and neonatal morbidity is unclear [1,2].”

1. Ductal size

The ductus arteriosus is identifiable from a traditional short axis view or suprasternal notch approach where it may be visualised in its entirety (Figure 1). A transductal diameter of >1.5 mm has been proposed as significant on the basis that at this cut-off end-organ hypoperfusion occurs [10-13]. The current definition of an HSDA is problematic and almost exclusively based on size. A definition, based exclusively on transductal diameter, is somewhat limited, as it does not consider clinical factors such as patient size or maturation. In addition, the ductus is not likely to be static and may be influenced by respiratory variation and other biological factors. Operator dependant factors may also influence the accuracy of a diagnosis of HSDA. Errors in the estimation of transductal diameter may result from poor quality two-dimensional (2D) images or excessive color flow Doppler gain. Real-time three-dimensional echocardiography may provide a more accurate estimate of ductal size and the volume of the transductal shunt, although the techniques have not yet been refined for preterm infants [14].

2. Direction and Pattern of Ductal Flow

The direction and volume of the transductal shunt is dependant on pulmonary and systemic vascular resistance. Previous studies have designated the duct as closing/restrictive or unrestrictive and pulsatile according to pulse wave (PW) Doppler flow patterns (Figure 2), patterns which guide treatment decisions [15]. A large left to right shunt has a pulsatile flow pattern with the highest velocity at end-systole. The peak velocity at the end of diastolic phase is usually very low and occasionally zero. This implies that the relative pulmonary and aortic pressures are equal at end diastole. The ratio of peak systolic:diastolic velocity can be as high as 4:1 [15]. The peak systolic velocity is usually less than 1.5 m/s when the ductus is unrestrictive [9]. As the ductus constricts, flow velocity increases as blood accelerates across a narrower vessel leading to a reduction in the peak systolic:diastolic ratio. Quantification of the transductal flow volume would provide the most accurate estimate of hemodynamic compromise; however, this calculation is not feasible with conventional 2D imaging techniques due to the tortuosity of the duct, variability in transductal diameter across its course and the turbulent rather than laminar nature of flow. The magnitude of the transductal shunt is influenced by both transductal resistance and the ability of the immature myocardium to adapt to increased preload. Calculation of the ratio of right (Qp) to left ventricular (Qs) outputs may provide a surrogate estimate of the degree of transductal flow; however, this measurement may also be influenced by large transatrial shunts.

3. Quantification of Left Heart Volume Loading

The quantification of left heart size is important, as it is a surrogate of pulmonary overcirculation. The ratio of left atrial to trans-aortic diameter (LA:Ao) derived using m-mode imaging from a long-axis approach is the most well recognised surrogate of ductal significance and was first described by Silverman in 1974 [17]. Other authors have suggested that the rate of ductal misclassification is lowest when the LA: Ao ratio was greater than 1.4 [18]. The ratio of left ventricular to trans-aortic diameter (LV: Ao), where the LV is measured as an end diastolic dimension after obtaining a parasternal long axis view and dropping M-mode cursor across the interventricular septum into the left ventricle at the tips of mitral valve has also been previously proposed as a surrogate marker. Data from a study of 1500 infants without PDA and 415 infants from the PDA group suggests a value of > 2.1 provides the lowest misclassification rate [18]. Independently, these markers have poor sensitivity and specificity, which may relate to a number of factors. These include both patient related factors such as patient hydration, left ventricular performance or transatrial shunting and operator dependant factors which may lead to over, or underestimation of these single dimensional measurements. The reliability of left ventricular end - diastolic dimension (LVEDD), or LVEDD: Ao ratio is equally poor [18]. Quantification of pulmonary venous flow may provide the best measure of pulmonary overcirculation; however, accurate estimation of flow is challenging.
due to the tortuosity of the veins and variability of flow between veins. We have found transmirtal Doppler flow measurements to be a useful marker of left atrial pressure / volume loading. In premature infants transmirtal passive flow (E wave) is less than active flow (A wave) due to poor myocardial compliance and impaired diastolic performance [19,20]. The result is an E: A wave ratio of < 1.0. This differs from the term neonate, where the passive flow phase dominates and the E: A ratio > 1.0. In neonates with a HSDA, we have identified an increase in pas-
sive transmitral flow due to increased left atrial pressure, which leads to pseudonormalization of the E: A ratio > 1.0 resembling the normal term neonatal pattern [19]. The trace reverts to the typical preterm pattern following PDA ligation (Figure 3). The Iso-
volumic Relaxation Time (IVRT) reflects the time between clo-
sures of the mitral valve and opening of the aortic valve and de-
creases in neonates with a HSDA due to early pressure-related
valve closure / opening. The other potential effects of volume
loading of the left heart include mitral valve regurgitation and
stretching of the interatrial septum leading to increase in the size
of the atrial septal defect. These parameters have not been sub-
jected to scientific evaluation in any prospective study to date.

4. Doppler Interrogation of the Pulmonary Artery

Flow in the pulmonary artery is typically laminar, exclusively sotolic with a Vmax < 1.5 m/sec. The presence of a HSDA leads to diastolic flow in the main and branches of the pulmonary artery with a turbulent systolic flow pattern. The magnitude of diastolic flow in the left and main pulmonary arteries (Table 1) correlates well with ductal significance [21,22]. The size of the “red” colour jet and the distance it travels depends on the amount of left-to-
right flow into the pulmonary artery [16]. A tiny/insignificant shunt
causes a narrow jet, which just reaches the pulmonary artery, whereas larger shunts are wider, and may reach the pulmonary
valve. This technique has limitations, as high velocity flow through a narrow duct may be high enough to travel deep into the pulmonary artery. It is important to appreciate that the distance travelled by the colour jet relates to its speed as well as the volume. A relatively small duct with high aortopulmonary pressure difference may produce a jet, which reaches a long way into the pulmonary artery.

5. The Phenomenon of Ductal Steal

The ductus is a conduit connecting vascular circuits with differential
resistance, which leads to blood flow along the path of least
resistance. The consequence is significant systemic to pulmonary
blood flow during systole and reversal of normal aortic flow during
diastole (ductal steal), which also enters the pulmonary artery.
The clinical consequence is low diastolic blood pressure. In ex-
tremely low birth weight infants, both low systolic and diastolic
pressures may occur due to the inability of the immature myocardium to increase its stroke volume in an attempt to support car-
diac output. The combined effect of low diastolic pressure and
ductal steal is regional hypoperfusion of major systemic vessels
including the cerebral, splanchnic and renal arteries (Figure 4).
Absent or retrograde diastolic cerebral blood flow is said to be present at all times in babies requiring duct ligation, and rare in babies without a duct [23]. Acute renal failure, bowel ischemia and intracranial hypoxic-ischemic injury are morbidities commonly seen in neonates with a HSDA [3,24]. Ductal closure leads to normalization of diastolic flow [19,25]. Serwar et al demonstrated a linear relationship between the ratio of retrograde to antegrade aortic flow and the size of the transductal shunt as determined by radionuclide angiography [26]. Retrograde diastolic flow may account for greater than 50% of forward flow in neonates with a large HSDA (Table 1). Retrograde diastolic flow in the descending aorta also occurs in patients with severe aortic regurgitation or an aortopulmonary window; however, is rarely seen in premature infants.
The ratio of the pulsatility index of left pulmonary artery (Rp) to that of descending aorta (Rs) may also predict ductal sig-
nificance. The pulsatility index is calculated according to the fol-
lowing formula [peak systolic velocity (SysVmax) - peak diastolic
velocity (DiasVmax) / SysVmax]. A significant negative correlation
was identified between the Rp/Rs index and the pulsatility index

| Table 2. Echocardiographic Values in Normal Infants and Infants with PDA |
|-----------------|----------------|----------------|
|                 | Normal Infants | Infants with PDA | p values |
| Left atrial: Aortic ratio | 1.13 ± 0.23 | 1.46 ± 0.36 | < 0.001 |
| Left ventricular: Aortic ratio | 1.86 ± 0.29 | 2.15 ± 0.39 | < 0.001 |
| LVSTI ratio | 0.34 ± 0.09 | 0.26 ± 0.1 | < 0.001 |
| % ΔD | 31.2 ± 7.2 | 33.6 ± 8.7 | NS |
| mVFCf | 1.8 ± 0.49 | 1.85 ± 0.61 | NS |

LVSTI = left ventricular stroke volume index, mVFCf = mean rate corrected velocity of circumferential fiber shortening (index of myocardial contractility), % ΔD = percentage change in left ventricular internal dimension.
of the superior mesenteric artery, after controlling for ductal size ($r=-0.476$, $p<0.008$). The authors concluded that the $R_p/R_s$ index is useful as an indicator of ductal steal [27].

6. Left Ventricular Output (LVO)

Cardiac output is determined by calculating flow across the left ventricular outflow tract. This involves PW Doppler interrogation of the left ventricular outflow tract from a five chamber apical view to determine the aortic velocity time integral (stroke distance) and estimating the aortic root diameter from a long-axis view. As the magnitude of the left-to-right transductal shunt increases, stroke volume increases both to support systemic blood flow and in response to increased left heart end-diastolic dimensions and the Frank Starling relationship. The cumulative effect is an increase in LVO, which may be as much as 60%. In a study by Walther et al, an aortic velocity time integral measurement of greater than 12 cm has been shown to have comparable specificity to an LA: Ao ratio.

### Table 3. Proposed Staging System for Determining the Magnitude of the Haemodynamically Significant Ductus Arteriosus (HSDA), which is based on clinical and echocardiography criteria where OI = oxygenation index, NCPAP = nasal continuous positive airway pressure, MAP = mean airway pressure, BP = blood pressure, NEC = necrotizing enterocolitis, 2D = two dimensional, DA $V_{max}$ = ductus arteriosus peak velocity, LA: Ao ratio = left atrium to aortic ratio, E/A = early passive to late atrial contractile phase of transmitral filling ratio, IVRT = isovolumic relaxation time. Detailed discussion of the echocardiography parameters is beyond the scope of this review article. Reproduced with permission from Archives of Disease in Childhood -Fetal & Neonatal Edition 2007: 92:F424-F427, McNamara PJ, Sehgal AS: A rationale approach to the hemodynamically significant ductus arteriosus. The need for disease staging!

<table>
<thead>
<tr>
<th>Clinical</th>
<th>Echocardiography</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>C1</strong> Asymptomatic</td>
<td>E1 No evidence of ductal flow on 2D or Doppler interrogation</td>
</tr>
<tr>
<td><strong>C2</strong> Mild</td>
<td>E2 Small non-significant Ductus Arteriosus</td>
</tr>
<tr>
<td>- Oxygenation difficulty (OI&lt;6)</td>
<td>- Transductal diameter &lt; 1.5mm</td>
</tr>
<tr>
<td>- Occasional (&lt; 6) episodes of oxygen desaturation, bradycardia or apnoea</td>
<td>- Restrictive continuous transductal flow (DA $V_{max}$ &gt; 2.0 cm sec$^{-1}$)</td>
</tr>
<tr>
<td>- Need for respiratory support (NCPAP) or mechanical ventilation (MAP&lt;8)</td>
<td>- No signs of left heart volume loading (e.g. mitral regurgitant jet &gt; 2.0 cm sec$^{-1}$ or LA:Ao ratio &gt; 1.5:1)</td>
</tr>
<tr>
<td>- Feeding intolerance (&gt; 20% gastric aspirates)</td>
<td>- No signs of left heart pressure loading (e.g. E/A ratio &gt; 1.0 or IVRT &gt; 45)</td>
</tr>
<tr>
<td>- Radiologic evidence of increased pulmonary vascularity</td>
<td>- Normal end-organ (e.g. superior mesenteric, middle cerebral) arterial diastolic flow</td>
</tr>
<tr>
<td><strong>C3</strong> Moderate</td>
<td>E3 Moderate HSDA</td>
</tr>
<tr>
<td>- Oxygenation difficulty (OI 7-14)</td>
<td>- Transductal diameter 1.5-3.0 mm</td>
</tr>
<tr>
<td>- Frequent (hourly) episodes of oxygen desaturation, bradycardia or apnoea</td>
<td>- Unrestrictive pulsatile transductal flow (DA $V_{max}$ &lt; 2.0 cm sec$^{-1}$)</td>
</tr>
<tr>
<td>- Increasing ventilation requirements (MAP 9-12)</td>
<td>- Mild-moderate left heart volume loading (e.g. LA:Ao ratio 1.5 to 2:1)</td>
</tr>
<tr>
<td>- Inability to feed due to marked abdominal distension or emesis</td>
<td>- Mild-moderate left heart pressure loading (e.g. E/A ratio &gt; 1.0 or IVRT 36-45)</td>
</tr>
<tr>
<td>- Oliguria with mild elevation in plasma creatinine</td>
<td>- Decreased or absent diastolic flow in superior mesenteric, middle cerebral or renal arteries</td>
</tr>
<tr>
<td>- Systemic hypotension (low mean or diastolic BP) requirement a single cardiotoxic agent</td>
<td></td>
</tr>
<tr>
<td>- Radiologic evidence of cardiomegaly or pulmonary edema</td>
<td></td>
</tr>
<tr>
<td>- Mild metabolic acidosis (pH 7.1- 7.25 and/or base deficit -7 to -12.0)</td>
<td></td>
</tr>
<tr>
<td><strong>C4</strong> Severe</td>
<td>E4 Large HSDA</td>
</tr>
<tr>
<td>- Oxygenation difficulty (OI &gt;15)</td>
<td>- Transductal diameter &gt;3.0 mm</td>
</tr>
<tr>
<td>- High ventilation requirements (MAP &gt;12) or need for high frequency modes of ventilation</td>
<td>- Unrestrictive pulsatile transductal flow</td>
</tr>
<tr>
<td>- Profound or recurrent pulmonary haemorrhage</td>
<td>- Severe left heart volume loading (e.g. LA:Ao ratio &gt;2:1, mitral regurgitant jet &gt; 2.0 cm sec$^{-1}$)</td>
</tr>
<tr>
<td>- “NEC-like” abdominal distension with tenderness or erythema</td>
<td>- Severe left heart pressure loading (e.g. E/A ratio &gt; 1.5 or IVRT &lt; 35)</td>
</tr>
<tr>
<td>- Acute renal failure</td>
<td>- Reversal of end-diastolic flow in superior mesenteric, middle cerebral or renal arteries</td>
</tr>
<tr>
<td>- Hemodynamic instability requiring &gt; 1 cardiotoxic agent</td>
<td></td>
</tr>
<tr>
<td>- Moderate-severe metabolic acidosis (pH &lt; 7.1) or base deficit &gt; -12.0</td>
<td></td>
</tr>
</tbody>
</table>
ratio > 1.4 in neonates < 32 weeks gestation a HSDA. Infants with a symptomatic PDA had a greater left ventricular stroke volume (> 2.34 ml/kg Vs < 2.25 ml/kg) and LV output (> 314 ml/kg/min Vs 190-310 ml/kg/min respectively) when compared to infants with a closed duct [28]. These effects are less likely in extremely low birth weight infants due to myocardial immaturity or in the concomitant presence of left ventricular dysfunction. The typical clinical manifestation is refractory hypotension with lactic acidosis. The ductus arteriosus should be re-evaluated when there is restoration of normal myocardial performance after commencement of cardiotropic support.

7. Left Ventricular Systolic Time Intervals (LVSTI)

Left ventricular systolic time intervals are a surrogate of left ventricular performance and correlate well with other measures of myocardial function [29]. Left pre-ejection period (LPEP) is the time from start of QRS complex on ECG to opening of the aortic valve on a long axis m-mode view. Left ventricular ejection time (LVET) is measured either from the same long axis m-mode view or from an aortic pulse-wave Doppler trace from the 5-chamber view. The normal value for LPEP in this population is 45 ± 5 milliseconds (ms) and for LVET is 177 ± 16 ms. LVSTI is calculated as the LPEP/LVET ratio. The potential effects of a HSDA include a reduction in LPEP and an increased in LVET leading to an overall decline in LVSTI [30]. Studies of LVSTI in preterms with a suspected HSDA (Table 2) have shown values ≤ 0.27 to be associated with the least misclassification rate [18]. Other investigators have demonstrated an LVSTI ≤ 0.3 as strongly suggestive of a clinically significant PDA; no infants with a clinically significant left to right ductal shunt had a ratio of < 0.3 [30]. LVSTI may be an unreliable marker of HSDA in neonates with impaired myocardial performance, which characteristically leads to lengthening of LPEP and shortening of LVET.

8. Novel Surrogate Markers

Hajjar and colleagues have proposed the left ventricular output to superior vena caval (LVO/SVC) flow ratio as an additional criterion for evaluating the magnitude of the ductal shunt [31]. They demonstrated that the flow of ductal shunt is directly proportional to LVO/SVC ratio and may be derived according to the following calculation: transductal flow = 0.37 x total systemic blood flow [(LVO/SVC) - 2.7]. The LVO/SVC ratio may be a more reliable estimation of the ductal flow, as it is unaffected by transatrial flow, unlike other markers. Although a precise threshold for this ratio is not known, the authors chose a ratio of ≥ 4 to define a HSDA and concluded that the LA: Ao ratio, ductal diameter, mean flow velocity of LPA and end diastolic velocity of the LPA correlated significantly with the LVO/SVC ratio. Our group has recently proposed a HSDA staging system (Table 3) based on clinical and echocardiography markers in an attempt to provide an overall appraisal of the magnitude of the impact of the shunt [9]. In isolation, these markers are poorly predictive; however, in combination, they provide a more holistic appraisal of the ductus, which may facilitate differentiating a HSDA from the innocent bystander ductus.
These markers have facilitated triaging and prioritizing neonates for surgical ligation at our centre by providing a valuable insight into physiological changes attributable to the ductus arteriosus [9]. In addition, they are useful in monitoring response to therapeutic intervention particularly in the immediate postoperative period in the form of Post Ligation Cardiac Syndrome (hemodynamic instability and impaired myocardial performance). The incorporation of ductal staging into trials of therapeutic intervention may assist with the identification of patients who have a beneficial outcome.

Conclusion

The lack of a standardised approach in determining hemodynamic significance is a major barrier towards better understanding the clinical impact of the ductus arteriosus, and its contribution to neonatal morbidities. There is a need to refocus our approach to determining hemodynamic significance, and consider a more holistic approach based on clinical and echocardiographic markers. In most centers, ductal staging is not feasible as the echocardiography evaluation performed by pediatric cardiologists is mostly limited to transdural diameter and flow direction or pattern. It is therefore, incumbent on neonatologists to consider the necessary skills and competence to perform functional echocardiographic evaluations.

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Book Review: “Pediatric Heart Sounds”

By John W. Moore, MD, MPH; Medical Editor - Congenital Cardiology Today

Whether you are learning, reviewing or teaching pediatric cardiac auscultation, you need to take a good look (and listen to) Pediatric Heart Sounds by Michael E. McConnell, MD. If you already have a copy of one of the general physical examination texts such as DeGowin’s Diagnostic Examination or Mosby’s Guide to Physical Examination, you still should review this new book.

The reason is simple: The CD, which accompanies the text, is absolutely fantastic! In fact, as you use your mouse, an icon that looks like the bell of a stethoscope moves to the spot you select, giving the appearance of an actual physical exam. The CD provides very high quality audio of each of the common pathological murmurs and innocent murmurs from typical patients. You can place the “stethoscope” in the classical locations for cardiac auscultation (upper right, upper left, and lower left sternal borders, as well as the apex), and listen to the sounds of the different murmurs you want to hear and an explanation of how the sounds caused by a single murmur sound different when listened to from various locations. In addition, excellent textual discussions, diagrams, echo/Doppler still frames and pictures on both the CD and in the book complement the auditory presentations.

Pediatric Heart Sounds is not, nor is it intended to be a comprehensive coverage of pediatric cardiac auscultation. However, it contains well-written chapters in the book and excellent audios on the CD, covering:

- Normal Heart Sounds
- Innocent Heart Murmurs
- Atrial Septal Defects
- Ventricular Septal Defects
- Patent Arterial Duct
- Aortic Stenosis
- Pulmonic Stenosis
- Mitral Valve Insufficiency
- and Tetralogy of Fallot

A few of the less common cardiac murmurs found in children are missing—such as the murmur caused by mitral valve prolapse. However, in my view, the author achieves his stated goals of getting “the learner more comfortable using the stethoscope in an organized fashion,” and of improving the learner’s “ability to tell pathology from normal heart sounds” very well.

I recommend this new book and CD very highly. It is a valuable educational tool. For more information go to: www.Springer.com.

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